

# Breakin Dishes

Count: 32

Wall: 4

Level: Improver

Choreographer: Michele Perron (CAN) - January 2009

Music: Breakin' Dishes - Rihanna : (CD: Good Girl Gone Bad: Reloaded)



**Introduction: 40 Counts (do not begin on the first lyrics)**

## **Sec 1 (1- 8) Side, Behind, Side, Turn/Twist, Twist-Twist, Rock/Back, Rock/Hitch**

- 1,2           RIGHT Step side R; LEFT Step crossed behind R  
3,4           RIGHT Step side R; Turn 1/4 L with RIGHT Heel twist (R heel twists to R, CCW)\* (9 o'clock)  
**\* Left Toe/Touch in front of R**  
5,6           Turn 1/2 R with two RIGHT Heel twists (R heel twists to L, CW) (3 o'clock)  
7             LEFT Rock/Step back [allow R toe to lift back, heel on floor]  
8             RIGHT Rock/Step forward with L Knee hitch [low]

## **Sec 2 (9-16) Back, Turn-&-Turn, Forward, Turn, Forward, Turn, Across**

- 1,2           LEFT Step back; RIGHT Step side R with 1/4 Turn R  
&3           LEFT Step beside R; RIGHT Step forward with 1/4 Turn R (9 o'clock)  
4,5           LEFT Step forward; RIGHT Step forward (in place) with 1/2 Turn R (3 o'clock)  
6,7           LEFT Step forward; RIGHT Step side R with 1/4 Turn R (6 o'clock)  
8             LEFT Step across front of R

## **Sec 3 (17-24) Side/Rock-&-Across, Side, Behind, L Triple Turn, Forward, Turn**

- 1&2          RIGHT Rock/Step side R, LEFT Recover/Step side L (in place), RIGHT Step across front of L  
3,4           LEFT Step side L; RIGHT Step crossed behind L  
5&6          LEFT Triple with 1/4 Turn L (L side L, R beside L, L forward 1/4 Turn L) (3 o'clock)  
7,8           RIGHT Step forward; LEFT Step forward (in place) with 1/2 Turn L (9 o'clock)

## **Sec 4 (25-32) Turn/Side-Side/Rock; &-Cross-Back, Side-Side/Rock; &-Cross-Turn/Back**

- 1,2           RIGHT Step side R with 1/4 Turn L; LEFT Rock/Step side L \*(2nd foot position) (6 o'clock)  
&,3,4         RIGHT Toe/Ball Step slightly back & side R, LEFT Step across front of R, RIGHT Step back  
5,6           LEFT Step side L; RIGHT Rock/Step side R \*(2nd foot position)  
&,7,8         LEFT Toe/Ball Step slightly back & side L, RIGHT Step across front of L, LEFT Step back  
              with 1/4 Turn R (9 o'clock)

## **Begin Again**

**BRIDGE: AFTER third rotation, 8 Count Bridge, facing 3 o'clock wall.**

### **Grapevine R, Touch; Grapevine L, Touch**

- 1,2           RIGHT Step side R; LEFT Step crossed behind R  
3,4           RIGHT Step side R; LEFT Touch beside R  
5,6           LEFT Step side L; RIGHT Step crossed behind L  
7,8           LEFT Step side L; RIGHT Touch beside R

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