

Scared Of Heights

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Cato Larsen (NOR) - September 2008

Music: Scared Of Heights - Espen Lind : (CD: Army Of One 08)



Intro: Start at vocals after 16 counts (12 seconds).

(1–8) Step, Spiral Turn, Mambo Step, Sweep, Weave, Recover Into Monterey Turn.

- 1,2 Step forward on left (1), Pivot (spin) full turn right on ball of left (2). [12:00]
- 3& Step forward on right (3), Rock (recover) back again onto left (&).
- 4 Step back on right and Sweep left foot out and around behind right (4).
- 5&6 Step left behind right (5), Step right to right side (&), Step left across of left (6).
- 7& Rock (recover) back again onto right (7), Step left to left side (&).
- 8 Point right toe to right side (8).

(9–16) Complete ¾ Monterey Turn, Step, Side Rock & Cross, ¼ Pivot Turn Twice, Cross, Side, Cross Rock, Side.

- 1,2 Pivot (spin) ¾ turn right Hooking right up to left chin (1), Step forward on right (2). [9:00]
- 3& Step left to left side (3), Rock (recover) back again onto right (&).
- 4 Step left across of right (4).
- & Pivot ¼ turn left Stepping back on right (&). [6:00]
- 5 Pivot ¼ turn left Stepping left to left side (5). [3:00]
- &6 Step right across of left (&), Step left to left side (6).
- 7& Cross right behind left (7), Rock (recover) forward again onto left (&).
- 8 Step right to right side (8).

(17–24) Modified Suzy Q's, ¼ Pivot Turn Twice, Cross Rock, ¼ Turn.

- 1 Step left heel across of right (1).
- & Swivel left toe to left "grinding" left heel and Step right slightly to right side (&).
- 2 Step left next to right in 3rd position (2).
- & Step right heel across of left (&).
- 3 Swivel right toe to right "grinding" right heel and Step left slightly to the left side (3).
- &4 Step right to right side (&), Step left across of right (4).

RESTART: Restart from here on 3rd wall. You will be facing 9:00. Just add this before you restart:

Step Ball Of Right Slightly Right (&), Start The Dance From The Top Stepping Forward On Left On Count 1. [9:00]

- 5 Pivot ¼ turn left Stepping back on right (5). [12:00]
- 6 Pivot ¼ turn left Stepping left to left side (6).
- 7& Step right across of left (7), Rock (recover) back again onto left (&).
- 8 Pivot ¼ turn right Stepping forward on right (8).

RESTART: Restart herfra på vegg nr. 6. Du vil face kl. [3:00]

(25–32) Side Rock, Cross, Back, Back, Cross, ¼ Turn Step Forward

- 1& Step left to left side (1), Rock (recover) back again onto right (&).
- 2 Step left diagonal forward right across of left (2). [1:30]
- & Step right diagonal back right (&). [1:30]
- 3 Turn upper body to left diagonal and Step left diagonal back left (3). [10:30]
- & Step right across of left (&). [10:30]
- 4 Pivot ¼ turn left Stepping forward on left (4). [7:30]
- 5& Step forward on right (5), Rock (recover) back again onto left (&).
- 6 Step right next to left (6).

- &7 Step forward on left (&), Rock (recover) back again onto right (7).
 - & Pivot ½ turn left Stepping forward on left (&). [1:30
 - 8 Pivot 3/8 turn left Stepping right slightly diagonal back right (8). [9:00]
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