

# Mr. Rock and Roll

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Marjorie Barnabas-Shaw (MY) - December 2008

Music: Mr Rock & Roll - Amy Macdonald : (Album: This Is The Life)



**Intro Count : 16 counts on strong beats, start on vocals**

## **A. TOUCH, POINT, STEP, POINT, BACK ROCK & HEEL, RIGHT COASTER.**

- 1-2 Touch left toe to side. Point left toe to left side.  
3-4 Step left beside right. Point right toe to right side.  
5&6 Cross rock right behind left. Recover onto left. Dig right heel diagonally forward.  
7&8 Step back right. Step left beside right. Step forward right.

## **B. LEFT SHUFFLE 1/4 TURN, DIAGONAL SKATE SHUFFLES, STEP, TOUCH.**

- 1&2 Step left to left side. Close right beside left. Step 1/4 left on left foot.  
3&4 Skate diagonally right. Step left beside right. Skate diagonally right.  
5&6 Skate diagonally left. Step right beside left. Skate diagonally left.  
7-8 Step forward right. Touch left beside right.

## **C. SHUFFLE 1/2 TURN LEFT, RIGHT CHASSE, BEHIND SIDE CROSS, SIDE ROCK & CROSS.**

- 1&2 Shuffle 1/2 turn left on left-right-left.  
3&4 Step right to right side. Close left beside right. Step right to right side.  
5&6 Cross left behind right. Step right to right side. Cross left over right.  
7&8 Rock side right. Recover onto left. Cross right over left.

## **D. LEFT CHASSE, ROCK BACK RIGHT & KICK (2x), ROCK BACK RIGHT & STEP SIDE RIGHT.**

- 1&2 Step left to left side. Close right beside left. Step left to left side.  
3&4 Rock back right. Recover onto left. Kick right forward.  
5&6 Rock back right. Recover onto left. Kick right forward.  
7&8 Rock back right. Recover onto left. Step side left.

~ \* ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ \* ~

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