

# A Toast To Life

Count: 68

Wall: 4

Level: Intermediate

Choreographer: BM Leong (MY) - December 2008

Music: Ren Sheng Shi Ku Bei - Huang Qing Yuan



**Intro: 32 counts, starting on vocal.**

## **KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE**

- 1-2 Kick right forward to right diagonal, cross right over left twisting left heel to right side
- 3&4 Shuffle backward on LRL
- 5-6 Rock right back, recover onto left
- 7&8 Shuffle forward on RLR

## **KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE**

- 1-2 Kick left forward to left diagonal, cross left over right twisting right heel to left side
- 3&4 Shuffle backward on RLR
- 5-6 Rock left back, recover onto right
- 7&8 Forward shuffle on LRL

## **POINT, BEHIND, SIDE, CROSS, SCUFF, CROSS, SIDE, BEHIND**

- 1-2 Point right to right side, cross right behind left twisting left heel to right side
- 3-4 Step left to left side, cross right over left
- 5-6 Scuff left, cross left over right twisting right heel to left side
- 7-8 Step right to right side, cross left behind right

## **TOUCH, KICK, SAILOR-CROSS X 2**

- 1-2 Touch right beside left bending knees, kick right to right side
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Touch left beside right bending knees, kick left to left side
- 7&8 Cross left behind right, step right to right side, cross left over right

## **ROCKING CHAIR, PIVOT TURN, FORWARD SHUFFLE**

- 1-4 Rocking chair on RLRL
- 5-6 Rock right forward, pivot 1/2 turn left
- 7&8 Shuffle forward on RLR

## **ROCKING CHAIR, QUARTER TURN, CROSS SHUFFLE**

- 1-4 Rocking chair on LRLR
- 5-6 Rock left forward, pivot 1/4 turn right
- 7&8 Cross shuffle on LRL

## **SLOW CROSS SHUFFLE - HITCH X 2**

- 1-2 Cross right over left, step left behind right heel
- 3-4 Cross right over left, hitch left
- 5-6 Cross left over right, step right behind left heel
- 7-8 Cross left over right, hitch right

## **CROSS, BOUNCE X 3, BACK ROCK, FORWARD SHUFFLE**

- 1-4 Cross right over left bouncing both heels 4 times and turning 1/2 left
- 5-6 Rock left back, recover onto right
- 7&8 Shuffle forward on LRL

## **SIDE, TOUCH, SIDE, TOUCH**

1-2 Step right to right side, touch left beside right  
3-4 Step left to left side, touch right beside left

**RESTART during walls 2 & 4 after 32 counts.**

**Website: [www.sjlinedancer.blogspot.com](http://www.sjlinedancer.blogspot.com)**

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