

# This is Love

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Rebecca Armstrong (SCO) - November 2008

**Music:** We R One - Same Difference



---

## Intro – 48 counts (approx 46 seconds)

### (1-8) WALK, WALK, ¼ PIVOT CROSS, 2 STEP ¾ TURN R, FWD SHUFFLE

- 1-2 step fwd on R, step fwd on L
- 3&4 step fwd on R, pivot ¼ turn L, step R across L
- 5-6 step back on L making ¼ turn R, step R to R side making ½ turn R
- 7&8 step fwd on L, step L to L side, step fwd on L

### (9-16) STEP HITCH, COASTER STEP, STEP FLICK, BACK STEP LOCK STEP

- 1-2 step fwd on R, hitch L knee
- 3&4 step back on L, step R beside L, step fwd on L
- 5-6 step fwd on R, flick L foot behind R knee
- 7&8 step back on L, step R across L, step back on L

### (17-24) OUT, OUT, HEELS IN OUT IN, ROCK RECOVER 1 ½ R TURN

- 1-2 step R to R side, step L to L side
- 3&4 turn heels in, out, in (weight finishing on L)
- 5-6 rock fwd on R, recover back on L
- 7&8 step fwd on R making ½ turn R, step back on L making ½ turn R, step fwd on R making ½ turn R (option: shuffle ½ turn R)

### (25-32) STEP FLICK, BACK STEP LOCK STEP, 2 STEP FULL TURN, SAILOR ¼ TURN

- 1-2 step fwd on L, flick R foot behind L knee
  - 3&4 step back on R, lock L across R, step back on R
  - 5-6 make ½ turn L stepping fwd on L, make ½ turn L stepping back on R
  - 7&8 step L behind R, step R to R side making ¼ turn L, step L to L side
-