

# Tender Hands

**COPPER** **NOB**  
BY STEPHEN

Count: 40

Wall: 4

Level: Improver

Choreographer: Joan "Squizz" Curtis (UK) - August 2008

Music: Tender Hands - Chris de Burgh : (Album: Flying Colours)



**Intro: 32 COUNT INTRO, BEGIN ON VOCALS,**

**SECTION ONE: SIDE MAMBO X 2, RIGHT BOX STEP**

1&2            ROCK RIGHT TO RIGHT, RECOVER ON LEFT, STEP RIGHT IN PLACE  
3&4            ROCK LEFT TO LEFT, RECOVER ON RIGHT, STEP LEFT IN PLACE  
5-6            CROSS RIGHT OVER LEFT, STEP LEFT BACK  
7-8            STEP RIGHT TO RIGHT SIDE, CROSS LEFT OVER RIGHT

**SECTION TWO: ROCK, RECOVER, CROSS SHUFFLE X 2**

1-2            ROCK RIGHT OUT TO RIGHT SIDE, RECOVER ONTO LEFT  
3&4            CROSS RIGHT OVER LEFT, STEP LEFT TO LEFT SIDE, CROSS RIGHT OVER LEFT  
5-6            ROCK LEFT OUT TO LEFT SIDE, RECOVER ONTO RIGHT  
7&8            CROSS LEFT OVER RIGHT, STEP RIGHT TO RIGHT SIDE, CROSS LEFT OVER RIGHT

**SECTION THREE: ROCKING CHAIR, SCISSOR STEP, HOLD**

1-2            ROCK RIGHT FORWARD, RECOVER ON LEFT  
3-4            ROCK RIGHT BACK, RECOVER ON LEFT  
5-6            STEP RIGHT TO RIGHT SIDE, STEP LEFT BESIDE RIGHT,  
7-8            CROSS RIGHT OVER LEFT AND HOLD

**SECTION FOUR: ROCKING CHAIR, SCISSOR STEP, HOLD**

1-2            ROCK LEFT FORWARD, RECOVER ON RIGHT  
3-4            ROCK LEFT BACK, RECOVER ON RIGHT  
5-6            STEP LEFT TO LEFT SIDE, STEP RIGHT BESIDE LEFT  
7-8            CROSS LEFT OVER RIGHT, HOLD

**SECTION FIVE: FORWARD SHUFFLE X 2, SAILOR STEP, SAILOR ¼ TURN**

1&2            STEP RIGHT FORWARD, CLOSE LEFT BESIDE RIGHT, STEP RIGHT FORWARD  
3&4            STEP LEFT FORWARD, CLOSE RIGHT BESIDE LEFT, STEP LEFT FORWARD  
5&6            CROSS RIGHT BEHIND LEFT, STEP LEFT TO LEFT SIDE, STEP RIGHT TO RIGHT SIDE  
7&8            MAKE A ¼ TURN LEFT CROSSING LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT SIDE,  
STEP LEFT TO LEFT SIDE.

**BEGIN AGAIN**

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