

Mas Que Nada

Count: 32

Wall: 2

Level: Improver

Choreographer: Maureen Jones (UK) & Michelle Jones (UK) - October 2008

Music: Mas Que Nada - Jane McDonald : (CD: Jane)



Intro 16 counts

BACK ROCK, SIDE, BACK ROCK, SIDE, CROSS ROCK, SIDE ROCK, BEHIND, SIDE, ACROSS

- 1&2 Rock right behind left, recover onto left, step right to right
- 3&4 Rock left behind right, recover onto right, step left to left
- 5&6& Rock right across left, recover onto left, rock right to right, recover onto left
- 7&8 Step right behind left, step left to left, step right across left

SIDE ROCK, ¼ TURN, STEP, STEP, 1/2 PIVOT, STEP, STEP, 1/4 PIVOT, STEP, STEP, ½ PIVOT, STEP

- 9&10 Rock left to left, recover onto right making ¼ turn right, step left forward
- 11&12 Step right forward, pivot ½ turn left, step right forward
- 13&14 Step left forward, pivot ¼ turn right, step left forward
- 15&16 Step right forward, pivot ½ turn left, step right forward

FORWARD MAMBO, BACK MAMBO, LOCK SHUFFLE, STEP, ¼ PIVOT, CROSS

- 17&18 Rock left forward, recover onto right, step left beside right
- 19&20 Rock right back, recover onto left, step right beside left
- 21&22 Step left forward, lock right behind left, step left forward
- 23&24 Step right forward, pivot ¼ turn left, step right across left

SYNCOATED WEAVE, BACK ROCK, SWAY, 1/4 TURN, ½ TURN, SIDE, HOLD

- &25&26S tep left to left, step right behind left, step left to left, step right across left
 - &27&28 Step left to left, rock right behind left, recover onto left, step right to right & sway right
 - 29-30 Recover weight onto left making ¼ turn left, on ball of left make ½ turn left and step right back
 - 31-32 Step left to left, hold
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