Light of My Life

Count: 64

Level: Intermediate

Choreographer: Pat Stott (UK) - July 2008

Music: Light of My Life - The Boots Band

Commence dance after 32 beats (15 seconds)

Cross, rock, chasse to right, cross, rock, chasse with 1/4 turn left

- 1 2 Cross right over left, recover on left
- 3&4 Step right to right, close left to right, step right to right
- Cross left over right, recover on right 5 - 6
- 7 & 8 Step left to left, close right to left, turn 1/4 to left stepping forward on left

Step forward and ½ turning strut, rock back, recover, 2 walks, shuffle forward

- 1 2 Step forward on right toe, turn 1/2 turn left and lower right heel
- 3 4 Rock back on left, recover forward on right
- 5 6walk forward on left, walk forward on right

(or full turn right – ½ turn right stepping back on left, ½ turn right stepping fwd on right

- 7 & 8 Shuffle forward – left, right, left
- **** Restart here during 3rd sequence

Rock forward, recover, full triple right, rock forward, recover, half shuffle turning left

- 1 2Rock forward on right, recover back to left
- 3&4 turning full turn right step - right left right
- 5 6 rock forward on left, recover onto right
- 7 & 8 shuffle turning 1/2 left stepping - left, right, left

Point right, step forward, point left, step forward, point right, ½ Monterey right, point left to left, ½ Monterey left

- 1 2Point right to right, step forward on right
- 3 4Point left to left, step forward on left
- 5 6Point right to right, turn 1/2 right closing right to left
- 7 8 Point left to left, turn 1/2 left closing left to right

Point right to right, hold, close, point left to left, hold, jazz box with 1/4 turn left

- 1 2Point right to right, hold
- & 3 4Close, point left to left, hold
- 5 8 Cross left over right, step back on right, turn 1/4 left stepping left to left, cross right over left

Side rock, cross shuffle, side, rock, cross shuffle

- 1 2Rock left to left, recover
- 3&4 Cross left over right, right to right, cross left over right
- 5 6 Rock right to right, recover
- 7 & 8 Cross right over left, left to left, cross right over left

Step left to left, hold & snap, close, step left to left, hold & snap, close, 1/4 turn left, step forward, 1/2 pivot, step forward

- 1 2 &Step left to left, hold and snap fingers, close right to left
- 3 4 &Step left to left, hold and snap fingers, close right to left
- 5 8 Turn ¼ left and step forward on left, step forward on right ½ pivot left, step forward on right

Rock forward, recover, ½ shuffle left, step right to right swaying hips to right, left, right, left

- Rock forward on left, recover on right 1 - 2
- 3&4 ¹/₂ shuffle turning left – left, right, left





Wall: 4

- 5-6 Step right to right swaying hips to right, sway hips to left
- 7 8 Sway hips right, sway hips left

******At the end of the music turn the left Monterey turn a full turn to face the front wall