

The Wind Beneath

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Sandra Tool (NL) - March 2008

Music: The Wind Beneath My Wings - Trudy Kits



Side, cross behind, replace, side, spin roll $\frac{3}{4}$ turn R, step, $\frac{1}{2}$ turn R, back, back rock, walk 2x

- 1-2 RF step to right side, LF cross behind RF (5e pos.)
&3 RF step in front LF, LF step to left side
&4 $\frac{3}{4}$ turn right met RF cross in front of LF (spin roll), RF step forward
&5 $\frac{1}{2}$ Turn right and LF step back, RF step back
6& LF rock back, RF recover
7-8 LF step forward, RF step forward

Rock fwd, $\frac{1}{2}$ turn L, $\frac{1}{4}$ turn L, side, back rock, side, rock fwd & side, cross 1/1 turn L, ronde & behind

- 1&2 LF rock fwd, RF recover, draai $\frac{1}{2}$ linksom and LF step fwd
3&4 $\frac{1}{4}$ Turn left en RF step to right side, LF cross behind RF, RF step to right side
5&6 LF rock in front of RF, RF recover, LF step to the left
7-8 RF cross in front of LF, turn 1/1 left and LF rondé from front to back
& LF step behind RF

Side, cross, $\frac{1}{4}$ turn L 2x, side, back rock $\frac{3}{4}$ turn, back, back rock 2x, ronde back rock, step fwd

- 1 RF step to right side
2&3 LF cross in front of RF, turn $\frac{1}{4}$ L en RF step behind, turn $\frac{1}{4}$ L en LF step to left side
4&5 RF rock back, LF recover, turn $\frac{3}{4}$ left, RF rock back
6&7 LF rock back, RF recover, LF rock back
& RV rondé to the back
8&1 RV rock back, LV recover, RV step fwd

Step fwd, 1/1 turn L, step-pivot-side step, back rock, side, hip bumps L-R-L

- 2&3 LF step fwd and triple 1/1 turn forward stepping L-R-L
4&5 RF step fwd, LF $\frac{1}{2}$ turn left, RF step to right side
6&7 LF rock behind RF, RF recover, LF step to left side & move hip to left
8& Hip sways right and left

TAG: after the 3de wall

- 1-4 Hip moves to the right, left, right, left
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