

# On The Low

**COPPER** **KNOB**  
BY STEPHEN METZ

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** M.T. Groove (UK) - May 2008

**Music:** Full Moon - Brandy : (NOT the remix version)



## Start on vocals

### BACK DRAG, BALL PRISSY WALK x4, ½ PIVOT, FULL TURN SPIN

- 1-2 Take big step back on R, Drag L into a touch next to R.  
&3-4 Step on ball of L, Prissy Walk forward R,L.  
5-6 Prissy walk R,L.  
7-8 Pivot ½ turn R, Spin a full turn R on R foot bringing L foot next to R – weight L (6.00)

### OUT OUT, SIDE DRAG, BALL SIDE, ½ TURN WALK AROUND.

- 1-2 Step out R,L rolling knees out.  
3-4 Step R to R side, Drag L upto R  
&5 Step on L, Step R to R side.  
6-7-8 Walk in a semi circle ½ turn L walking L,R,L strut your stuff. (12.00)

### ROCK RECOVER & ROCK RECOVER OUT OUT, PUSH BACK, SWAY SWAY.

- 1-2& R ock forward on R, Recover on L, Step R next to L.  
3-4 R ock back on L, recover on R,  
&5-6 S tep out on L, Step out R, Bend knees slightly and push hips/ass back (give it a good hard push back like your closing a door with your ass)  
7-8& Sway hips R (7) then L(8) making a figure of 8 shape. Take weight on R (&)

### REPLACE KICK PRESS, RECOVER TOUCH, RAISE ½ TURN STEP, ¼ HEEL PIVOT & CROSS.

- 1-2 Step L next to R as you low kick R to R side(1) Press forward on R(2).  
3&4 Recover L(3) Touch R behind L,(&), Raise up on toes making a reverse ½ turn R(4)  
(leave head facing 12.00).  
5-6 Turn head to 6.00 as you step down and forward on R, Touch L heel forward.  
7&8 Pivot on L heel ¼ turn R taking weight on L(7), Step R to R side,(&) Cross L over R(8).

## Start Over and Enjoy