

Listen To Your Senses

Count: 64

Wall: 4

Level: Improver

Choreographer: Stefaan Cools (BEL) - March 2008

Music: Listen to Your Senses - Alan Jackson : (CD: Good Time)



Intro: 32 counts

(1-8) 'Side, Together, ¼ Right, Touch, x2'

- 1 Step right to the right side
- 2 Step left next to right
- 3 Step right ¼ right forward
- 4 Touch left next to right
- 5 Step left to the left side
- 6 Step right next to left
- 7 ¼ turn right & step left back
- 8 Touch Right next to left

(9-16) 'Side, Together, ¼ Right, Touch, x2'

- 1 Step right to the right side
- 2 Step left next to right
- 3 Step right ¼ right forward
- 4 Touch left next to right
- 5 Step left to the left side
- 6 Step right next to left
- 7 ¼ turn right & step left back
- 8 Touch Right next to left

(17-24) Vine Right, scuff, Left Vine With ¼ Turn Left, scuff

- 1 Step right to the right side
- 2 Cross left behind right
- 3 Step right to the right side
- 4 Scuff Left forward
- 5 Step left to the left side
- 6 Cross right behind left
- 7 ¼ turn left and step left forward
- 8 Scuff right forward

(25-32) Right Rocking Chair, ½ Pivot Left, Step Hold

- 1 Rock right forward
- 2 Take weight on to left
- 3 Rock right back
- 4 Take weight on to left
- 5 Step right forward
- 6 ½ turn left
- 7 Step right forward
- 8 Hold

(33-40) Rhumba Box

- 1 Step left to the left side
- 2 Step right next to left
- 3 Step left forward
- 4 Hold

- 5 Step right to the right side
- 6 Step left next to the right
- 7 Step right back
- 8 Hold

(41-48) Walk, Walk, Left Coaster Step

- 1 Step left back
- 2 Hold
- 3 Step right back
- 4 Hold
- 5 Step left back
- 6 Step right next to left
- 7 Step left forward
- 8 Hold

(49-56) Lockstep Forward, Hold, Full Right Triple Turn, Hold

- 1 Step right forward
- 2 Cross left behind right
- 3 Step right forward
- 4 Hold
- 5 $\frac{1}{4}$ right and step left to the left side
- 6 $\frac{1}{2}$ right and step right next to left
- 7 $\frac{1}{4}$ turn right and step left forward
- 8 Hold

(57-64) Right Mambo forward, Hip Bumps

- 1 Rock right forward
- 2 Take weight on to left
- 3 Step right next to left
- 4 Hold
- 5 Step left to the left side en bump hips to the left
- 6 Bump hips to the right
- 7 Bump hips to the left
- 8 Touch Right next to left

Start again.
