

# Rocks In Your Shoes

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Jo Kinser (UK) & Mark Furnell (UK) - March 2008

**Music:** Rocks In Your Shoes - Emily West : (Single: Rocks In Your Shoes)



**Start 16 counts in on the vocals**

## **Toe Heel, Cross Toe Heel, Rock Step, Sailor Step**

1,2 Touch Rt toe to Rt, Replace weight Rt (Click)  
3,4 Cross Lt toe over Rt, Replace weight Lt (Click)  
5,6 Rock Rt to Rt, Replace weight Lt  
7&8 Step Rt behind Lt, Step Lt to Lt, Step Rt to Rt

## **Monterey's, Point, Touch, Kick, Brush, Cross**

1,2 Point Lt to Lt, Make 1/2 turn Lt bringing Lt to Rt  
3,4 Point Rt to Rt, Make 1/2 turn Rt bringing Rt to Lt  
5,6 Point Lt to Lt, Touch Lt next to Rt  
7&8 Kick Lt fwd, Brush Lt back across Rt (&), Cross Lt over Rt (weight Lt)

## **Rock Replace, Cross & Cross, Turn Turn, Shuffle Fwd**

1,2 Rock Rt to Rt, Replace weight Lt  
3&4 Cross Rt over Lt, Step Lt to Lt, Cross Rt over Lt  
5,6 Step back Lt 1/4 turn Rt, Step Rt Fwd 1/4 turn Rt  
7&8 Step Lt Fwd, Step Rt next to Lt, Step Lt Fwd

## **Step 1/2 Turn, Step 1/4 Turn, Rocking Chair**

1,2 Step Rt Fwd, Pivot 1/2 Turn Lt  
3,4 Step Rt Fwd, Pivot 1/4 Turn Lt  
5,6 Rock Rt Fwd, Replace weight Lt  
7,8 Rock Rt Back, Replace weight Lt

**RESTART: Restart on Wall 4 AFTER 16 counts.**

**HAVE FUN**

---