

# Cowboy In Me

**COPPER** KNOB  
BY STEPHEN BRETZ

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Katri Ristolainen - March 2008

Music: The Cowboy In Me - Tim McGraw : (Album: Set This Circus Down)



## LEFT SIDE BASIC, RIGHT SIDE BASIC, ¼ TURN LEFT CROSS, SYNCOPATED ROCK STEP, CROSS, SWEEP, CROSS, STEP

- 1, 2& Step left to side, rock back on right, recover weight on left  
3, 4& Step right to side, rock back on left, recover weight on right  
5 Turn ¼ left and cross left over right (face 9.00)  
6& Rock right to right diagonal, recover weight on left  
7, 8& Cross right behind left and sweep left from front to back, cross left behind right, step right to side

## CROSS, SWEEP, CROSS ROCK, HITCH ½ TURN RIGHT, 2 STEPS FORWARD, RIGHT LUNGE, 5 RUNS BACK, CROSS

- 1, 2& Cross left over right and sweep right from back to front, cross rock right over left, recover weight on left  
3, 4& Hitch right leg so that right ankle touches left knee and turn ½ right (face 3.00), step right forward, step left forward  
5 Lunge right foot forward  
6&7&8& Run back left, right, left, right, left, cross right over left

## STEP ¼ TURN, STEP, STEP THREE TIMES, SWAYS

- 1, 2& Step left to side, step right, left back  
3, 4& Turn ¼ right and step right to side, step left, right forward  
5, 6& Turn ¼ right and step left to side, step right, left back (face 9.00)  
**(1-6& make a square turning ½ right)**  
7, 8& Sway hips to right, left, right

## LEFT SIDE BASIC, TURN ¼ RIGHT, SWEEP ½ RIGHT, CROSS ROCK, STEP LEFT, FORWARD, CROSS, UNWIND RIGHT

- 1, 2& Step left to side, rock back on right, recover weight on left  
3, 4 Turn ¼ right and step right forward, sweep left around clockwise to turn ½ right (face 6.00)  
5, 6& Cross rock left over right, recover weight on left, step left to side  
7, 8 Step right forward, cross left over right and unwind full turn right (weight changes to right foot)

## REPEAT

**TAG:** Tag 2nd wall is two counts SHORT, so dance counts 29-30 as follows:

- 5, 6 Cross left over right and unwind full turn right (weight changes to right foot)

**RESTART:** Restart On 4th wall start from beginning after 16 counts (turn to face 12.00)

**TAG:** Tag 5th wall is two counts LONGER, so just make the last unwind little slower and continue, when the beat kicks back in