

Mama Said

Count: 32

Wall: 4

Level: Improver

Choreographer: Josefin Blomkvist (SWE) - September 2007

Music: Mama Said - Dave Sheriff



Intro: 16 counts

Section 1: Shuffle, step turn ½, kick-ball-step x2

1&2 step Rf forward, step Lf beside R, step Rf forward
3-4 step Lf forward, turn ½ turn to R and put weight over to Rf
5&6 kick Lf forward, step Lf beside R, step Rf forward
7&8 kick Lf forward, step Lf beside R, step Rf forward

Section 2: Shuffle, step turn ¼, cross shuffle, triple turn ¾

1&2 step Lf forward, step Rf beside L, step Lf forward
3-4 step Rf forward, turn ¼ turn to L and out weight over to Lf
5&6 cross Rf over L, step Lf to L side, cross Rf over L, turn ¼ turn to R
7&8 step Lf back, turn ½ turn to R, step Rf forward, step forward on Lf

Section 3: Kick x2, step turn ½, kick x2, step turn ¼

1&2& kick Rf forward, step Rf beside L, kick Lf forward, step Lf beside R
3-4 step Rf forward, turn ½ turn to L and put weight over to Lf
5&6& kick Rf forward, step Rf beside L, kick Lf forward, step Lf beside R
7-8 step Rf forward, turn ¼ turn to L and put weight over to Lf

Section 4: Kick-cross-step, scuff-hitch-step, rock, shuffle turn ½

1&2 kick Rf to R diagonally forward, cross Rf behind L, step Lf to L side
3&4 scuff Rf beside L, Rf hitch and step forward on Rf
5-6 rock Lf forward, recover on Rf, turn ¼ turn to L
8&7 step Lf to L side, step Rf beside L, turn ¼ turn to L and step Lf forward

Begin again.
