

# Cat On My Chest

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Sheridan Gill (UK) - October 2007

**Music:** Chance of a Lifetime - Brooks & Dunn : (CD: Cowboy Town)



**Intro: 32 counts.**

## **Section 1 - Point Right, Point Left, Kick Ball Change, Forward Shuffle**

- 1 – 2 Point right toe to right side, step right to place
- 3 – 4 Point left toe to left side, step left to place
- 5 & 6 Kick right forward, step right beside left, step left to place
- 7 & 8 Step right forward, close left beside right, step right forward

## **Section 2 - Forward Rock, Back Shuffle, Back Rock, Kick Ball Change**

- 9 – 10 Rock forward on left, recover onto right
- 11 & 12 Step left back, close right beside left, step left back
- 13 – 14 Rock back on right, recover onto left
- 15 & 16 Kick right forward, step right beside left, step left in place

## **Section 3 - Right & Left Heel Switches, 1/4 Pivot Turn, Forward Rock, Back Shuffle**

- 17 & 18 & Dig right heel forward, step right to place, dig left heel forward, step left to place
- 19 – 20 Step forward on right, pivot 1/4 turn left
- 21 – 22 Rock forward on right, recover onto left
- 23 & 24 Step back onto right, close left beside right, step back onto right

## **Section 4 - Side Rock, Cross Shuffle, 2 x 1/4 Hinge Turns Left, Kick Ball Change**

- 25 – 26 Rock left to left side, recover onto right
- 27 & 28 Cross left over right, step right to right side, cross left over right
- 29 – 30 Turn 1/4 left stepping back on right, turn 1/4 left stepping left beside right
- 31 & 32 Kick right forward, step right beside left, step left in place

**Begin again.**

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