

# Sugar? No, No, No

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Lady Lace (UK) - September 2007

Music: Sexy! No No No... - Girls Aloud



## Two walks R,L, back, back, step, 2 heel switches & step ½ turn

- 1-2& Step Fwd R, step Fwd L, step R back
- 3-4 Step L back, step R fwd
- 5&6 Touch L heel Fwd, step in place, touch R heel Fwd
- & Step R in place
- 7-8 Step L Fwd, pivot ½ turn right

## Two walks L,R, back, back, step, 2 heel switches & step ½ turn

- 1-2& Step L Fwd, step R Fwd, step L back
- 3-4 Step R back, step L Fwd
- 5&6 Touch R heel Fwd, step in place, touch L heel Fwd
- & Step L in place
- 7-8 Step R Fwd, pivot ½ turn left

## Side hold & together, side rock, recover, ½ turn sailor, back rock

- 1-2 Step R to R side, hold
- &3-4 Step L beside R, rock R to side, recover
- 5&6 Step R behind ¼ turn right, step L to side ¼ turn right, step R to side
- 7-8 Rock L back, recover onto R

## Step touch hold, step touch hold, Fwd rock, back rock

- &1-2 Step L Fwd, touch R beside, hold
- &3-4 Step R Fwd, touch L beside, hold
- 5-6 Rock L Fwd, recover onto R
- 7-8 Rock L back, recover onto R

## Step Fwd reverse pivot ½, coaster, step Fwd reverse pivot ½, coaster

- 1-2 Step L Fwd, making ½ turn left step back onto R
- 3&4 Step L back, step R beside, step L Fwd
- 5-6 Step R Fwd, making ½ turn right step back onto L
- 7&8 Step R back, step L beside, step R Fwd

## Step ¼ turn, cross hold & cross shuffle, back ¼, side ¼ turn

- 1-2 Step L Fwd, pivot ¼ turn right
- 3-4 Step L over R, hold
- &5 Step R to side, cross step L over R
- &6 Step R to side, cross step L over R
- 7-8 Step back R making ¼ turn left, step left to side making ¼ turn left

## Kick R x2 &, kick L x 2 &, kick R x2, side rock

- 1-2& Kick R twice, step R back
- 3-4& Kick L twice, step L back
- 5-6 Kick R twice
- 7-8 Rock R to R side, recover

## Cross hold & weave left, side rock, ¾ triple left

- 1-2 Cross step R over L, hold

&3 Step L to side, step R behind  
&4 Step L to side, step R over L  
5-6 Rock left to side, recover  
7&8 Step L back making  $\frac{1}{4}$  turn left, step R beside, step L Fwd making  $\frac{1}{2}$  turn left

**Tag: End of 1st wall facing 3.00, 16 counts**

1-2 Step R Fwd, point L to side  
3-4 Step L back, point R to side  
5-6 Step R  $\frac{1}{4}$  turn R, point left to side  
7-8 Step L back, point R to side  
9-16 Repeat counts 1-8

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