

# Mu Cha Amore

**COPPER**KNOB  
BY STEPHEN METZ

**Count:** 40

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Bernie Flint (UK) - August 2004

**Music:** More and More - Joe Dolan



**Section .1 Rock  
x 2, Chasse ¼  
left, Pivot ½,  
Shuffle ½.**

1-2. Rock left to  
left side, Rock  
weight back  
onto right,  
hitching left  
knee.

3 & 4 Step left  
to left side,  
Close right to  
left, Step left ¼  
turn left.

5-6 Step  
forward on right,  
Pivot ½ turn left,  
weight forward  
onto left foot.

7 & 8 Shuffle ½  
turn over left  
shoulder,  
stepping right-  
left-right. (9  
o'clock wall)

**Sections 2,  
Rock x 2,  
Chasse left,  
Cross rock,  
Chasse right ¼  
turn right.**

1-2. Rock left to  
left side, Rock  
weight back  
onto right,  
hitching left  
knee.

3 & 4 Step left  
to left side,  
Close right to  
left, Step left to  
left.

5-6 Cross step  
right over left,  
Rock weight  
back onto left.

7 & 8 Step right  
to right side,  
Close left to  
right, Step right  
¼ turn right (12  
o'clock wall)

**Section 3. Step  
touch, back  
shuffle ¼ turn  
right , cross side  
sailor step.**

1-2 Step  
forward on left,  
Touch right toe  
behind left  
heel.

3 & 4 Shuffle  
back right-left-  
right turning ¼  
right.

5-6 Cross left  
over right, Step  
right to right  
side.

7 & 8 Step left  
behind right,  
Step right  
beside left, Step  
left beside right.  
(3 o'clock wall)

**Section 4,  
Cross, Step,\  
Step, Cross,  
Step,\ Step,  
Touch,\ Chasse  
½ turn right.**

1-2 Cross step  
right over left,  
Step back onto  
left.

3 & 4 Step  
diagonally back  
on right, Cross  
step left over  
right, Step back  
on right.

5-6 Step left to  
left side, Touch  
right toe to left  
instep.

7 & 8 Chasse  
right ½ turn  
right, stepping  
right-left-right.(9  
o'clock wall)

**Section 5**  
**Weave left**  
**figure of eight,**  
**completing ½**  
**turn on**  
**completion.**

1-2 Step left to  
left side, Step  
right behind  
left.

3-4 Step left ¼  
turn left, Step  
forward right  
pivot ½ turn.

5-6 Step  
forward left  
turning ¼ left,  
Step right to  
right side.

7-8 Step left  
behind right,  
starting to turn  
right, Step right  
½ turn right.

(Weight stays  
on right, ready  
to rock to the  
left to start the  
dance again.)(3  
o'clock wall)

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