

# Message In A Bottle

**COPPER** **KNOB**  
BY STEPHEN SUNTER

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Stephen Sunter (UK) - April 1999

**Music:** Let Me Let Go - Faith Hill

or: Ready, Willing and Able - Lari White

or: Picture of You - Boyzone



Other music:

Ready Willing

and Able - Lari

White ? 90bpm

Picture Of You -

Boyzone ?

117bpm

**¼ Monterey, ¼**

**Monterey, ½**

**Monterey,**

1-2 Touch right

toe side right (1)

Pivot ¼ right

stepping right

next to left (2)

3-4 Touch left

toe side left (3)

Pivot ¼ left

stepping left

next to right (4)

5-6 Touch right

toe side right (5)

Pivot ½ right

stepping right

next to left (6)

7-8 Touch left

toe side left (7)

Cross step left

in front of right

(8)

**Right Vine, Left**

**¾ Turn, Step**

**Back Left, Side**

**Right Next To**

**Left**

9-10 Step right-

to-right (1) Step

left behind right

(2)

11-12 Step

right-to-right (3)

Touch left next

to right (4)

13-14 Step left making  $\frac{1}{4}$  turn left (5) Pivot  $\frac{1}{2}$  turn left stepping back onto right (6)  
15-16 Large step back left (7) Slide right next to left with weight (8)

**$\frac{1}{2}$  Turn Diagonally Left, Rock Back, Rock Forward,  $\frac{1}{2}$  Turn**

**Traveling Left, Rock Forward, Rock Back**

17-18 Step left diagonally forward (11:00 O'clock) (1) Pivot  $\frac{1}{2}$  turn left stepping back onto right (2)

19-20 Rock back on left (3) Replace weight to right (4)

21-22 Step left to left (5) Pivot  $\frac{1}{2}$  turn right stepping onto right foot (6)

23-24 Rock forward left in front of right (7) Replace weight to right (8)

**Side Together,  $\frac{1}{2}$  Turn Left, Rock Back Left, Right In Place, Side Left, Touch Right**

25-26 Step left-to-left (1) Step right next to left (2)

27-28 Step left making  $\frac{1}{4}$  turn left (3) Pivot  $\frac{1}{4}$  turn left stepping right-to-right side (4)

29-30 Rock  
back left behind  
right (5)  
Replace weight  
to right (6)  
31-32 Step left  
to left (7) Touch  
right next to left  
(8)

**Begin Again!!!**

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