

# Get It Poppin

**COPPER** **KNOB**  
BY STEPHEN METZ

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Junior Willis (USA) & Judy McDonald (CAN) - September 2005

**Music:** Get It Poppin' (feat. Fat Joe) - Nelly



**Step, Turn L**  
**Knee in,**  
**Shoulder Pop,**  
**Look, Slow Hip**  
**Roll, 2 Hip Rolls**  
**w/hitch**

1-2 Step R  
slightly out to R,  
bend L knee in  
toward R leg  
(weight stays on  
R)

3&4 Pop  
shoulders  
forward, pop  
shoulders back,  
turn head and  
look to L

5-6 (while still  
looking L) Roll  
hips around  
slowly

7-8 (while still  
looking L) Roll  
hips around, roll  
hips around  
(switching  
weight to L) and  
hitch R and look  
to front

**Rock, Recover,**  
**Shuffle forward,**  
**Scuff Hitch**  
**Cross w/ ¼ turn**  
**R, Side Step,**  
**Cross Step,**  
**Side Step**

1-2 Rock  
forward on R,  
recover on L  
3&4 Shuffle  
forward (R-L-R)

5&6 Scuff L  
heel forward,  
hitch L knee,  
cross step L  
over R while  
making a ¼ turn  
to R (facing  
3:00)

7&8 Step R out  
to R, cross step  
L over R, step R  
out to R

**Cross Step,  
Rock Step, Step  
w/ ½ turn L,  
Kick, Cross,  
Touch, Knee  
Roll w/ ¼ turn L,  
Push Booty  
Back, Body Roll  
up**

1&2 Step L over  
R, rock R in  
place, make ½  
turn to L and  
step forward  
(facing 9:00)

3&4 Kick R  
forward, step R  
over L, touch L  
out to L side

5-6 Turn L knee  
in to R and  
swing it around  
making ¼ turn  
to L (weight on  
L, facing 6:00),  
push booty  
back

7-8 Body roll up  
(ending with  
weight on L)

**Tap, Step, Slide  
w/touch, Side  
Step, Cross  
Step, Sailor ¼  
turn L, Hitch,  
Coaster**

&1-2 Tap R  
slightly out to R,  
step R out to R,  
slide L to R and  
touch L next to  
R

3&4 Step L out  
to L, cross step  
R over L, step L  
out to L

5&6& Sailor  
step (R behind,  
L slightly out to  
L, start making  
¼ turn to L with  
R step forward),  
hitch L finishing  
¼ turn to L lean  
slightly forward  
on the  
hitch(facing  
3:00)

7&8& Hold L  
hitch, coaster  
step (step back  
on L, step R in  
place, step  
forward on L)

### **Begin Again??**

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