

Lonely Cha Cha (aka All Alone)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Dougie D (UK) - May 2007

Music: Tragedia - Marc Anthony : (CD: Mended)



32 count Intro

Side turn ¼, right shuffle rock step, coaster step

- 1-2 rock right foot to right side, rock weight onto left making ¼ turn left.
- 3&4 shuffle fwd, right, left, right.
- 5-6 rock fwd on left, rock back on right.
- 7&8 step back on left, step right beside left, step fwd on left.

Rock step, turn step, skate stepsx2kick ball turn.

- 1-2 rock fwd on right, rock back on left.
- 3-4 turn ½ turn right, stepping fwd on right, step left beside right.
- 5-6 skate steps fwd, right and left.
- 7&8 kick right foot fwd, step ball of right foot beside left, step left foot making ¼ turn left.

Skate steps x2, cross mambo steps x2;step ½ pivot.

- 1-2 skate steps fwd, right, and left.
- 3&4 cross right foot over left, step left to left side, step right foot beside left (travelling fwd).
- 5&6 cross left foot over right, step right to right side, step left beside right, (travelling fwd).
- 7-8 step fwd on right, pivot ½ turn left.

Kick ball cross, ¼ turn shuffle, step ½ pivot, shuffle fwd.

- 1&2 kick right foot fwd, step ball of right foot beside left, cross left foot over right.
 - 3&4 make ¼ turn right, shuffle fwd right, left, right.
 - 5-6 step fwd on left, pivot ½ turn right.
 - 7&8 shuffle fwd left, right, left
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