

# Out Of Control

Count: 48

Wall: 4

Level: Beginner

Choreographer: Peter Metelnick (UK) & Alison Metelnick (UK) - July 2007

Music: Song 4 Mutya - Groove Armada : (CD single or CD Real Girl)



## start on spoken vocals 16 counts in

- 1-8**                    **Syncopated jazz box with ¼ R turn, sway hips R & L, R back, L cross rock & recover**  
1-2-3&4                Step L fwd, cross step R over L, step L back, ¼ turn R step R to R side, cross step L over R  
5-6-&7-8              Step R to R side and sway hips R & L, step R back, cross rock L over R, recover weight on R
- 9-16**                   **L side step & hold, R ball cross, turning ½ L step L side & hold, R ball cross**  
1-2&3-4                Step L to L side & hold, step R next to L & ball cross L over R, step R to R side  
5-6&7-8                Hinge ½ turn L & repeat above steps
- 17-24**                  **L back rock & recover, L ball cross, ¼ L & L fwd, R fwd, ½ L pivot turn, walk fwd R & L**  
1-2&3-4                Rock back on L, recover weight on R, step L next to R & ball cross R over L, turn ¼ L and step L forward  
5-6-7-8                Step R forward, pivot ½ left, step forward R, step forward L  
(Option for counts 23-24 ? Full left turn when you step fwd R & L)
- 25-32**                  **Jazz jumps with ¼ L, R & L fwd syncopated rock steps**  
&1-2                    Jump R & L forward, hold (clap hands on hold)  
&3-4                    ¼ L & jump forward R & L, hold (clap hands on hold)  
5-6                     Rock forward on R, recover weight on L  
&7-8                    Step R in place, rock forward on L, recover weight on R
- Extra 4 counts to be added here on wall 3 and re-start dance from the beginning (you will be facing 3 o'clock)**
- &1-4**                    **Syncopated R fwd rock & recover, R coaster step**  
&1-2                    Step L next to R, rock forward on R, recover weight on L  
3&4                     Step R back, step L next to R, step R forward
- 33-40**                  **L ball step fwd, ¼ L pivot turn, weave L 2, R sailor, ¼ L toaster step**  
&1-2                    Step L together, step R forward, pivot ¼ left  
3-4                     Cross step R over L, step L to L side  
5&6                    Cross step R behind L, step L in place, step R to R side  
7&8                    Turn ¼ L & step L behind R, step R in place, step L to L side (toaster step)
- 41-48**                  **R side rock & recover, ½ L & R side rock & recover, R cross rock & recover, sway L & R**  
1-2                     Rock step R to R side & recover weight on L  
&3-4                    Turning ½ L rock R to R side, recover weight on L, cross rock R over L  
5-6-7-8                Recover weight on L, step R to R side, sway hips L & R

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