

Mr Rock N Roll

COPPER KNOB
BY SHEETS

Count: 32

Wall: 2

Level: Improver

Choreographer: Pete Harkness (UK) - July 2007

Music: Mr Rock & Roll - Amy Macdonald



START ON MAIN VOCALS

Sec 1 ROCK, REC, ¼ COASTER TURN, ROCK, REC, ¼ COASTER TURN

1,2,3&4 Rock forward on right, rec on left, ¼ turn left stepping back on right & step left beside right, step right forward

5,6,7&8 Rock forward on left, rec on right, ¼ turn left stepping back on left & step right beside left, step left forward

Sec 2 WALK RIGHT LEFT, MAMBO STEP, STEP BACK, COASTER STEP, KICKBALL STEP

1,2,3&4 Walk right left, rock forward on right & rec on left, step back on right

5,6&7 Step back on left, step back on right & step left beside right, step forward on right

8&1 Kick left in front & step left beside right, step forward on right

2 RESTARTS ARE NEEDED ON WALLS 4 & 8 DANCE UP TO COUNTS 8& OF SEC 2 THEN RESTART THE DANCE FROM THE BEGINNING

Sec 3 STEP PIVOT, SHUFFLE ½ TURN, ROCK REC, KICKBALL CROSS

2,3,4&5 Step forward on left, ½ turn to right, make a ½ turn right as you shuffle L R L

6,7,8&1 Rock back on right, rec on left, kick right in front & step right beside left, cross left over right

Sec 4 HIP BUMPS, BEHIND SIDE CROSS, SIDE, TOUCH & STEP

2,3,4&5 Step right to side as you hip bump right, hip bump to left, step right behind left & step left to side, cross right over left

6,7&8 Step left to side, touch right beside left & step right beside left, step forward on left

4 COUNT TAG: AT THE END OF WALL 9 FACING 6 O'CLOCK

1,2,3,4 STEP FORWARD RIGHT, ½ TURN LEFT X 2

BEGIN AGAIN

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