Alive And Free



Count: 64 Wall: 4 Level: Intermediate

Choreographer: Ronnie James (UK)

Music: Who Wouldn't Wanna Be Me - Keith Urban



SIDE, TOGETHER, RIGHT CHASSE, ROCK BACK, RECOVER, LEFT CHASSE

1-2 Step right to side, step left next to right

3&4 Chasse right on right, left, right
5-6 Rock back on left, recover on right
7&8 Chasse left on left, right, left

CROSS, SIDE, BEHIND, ROCK, RECOVER, CROSS, RIGHT CHASSE

9-12 Cross right over left, step left to side, cross right behind left, rock left on left

13-14 Recover on right, cross left over right 15&16 Chasse right on right, left, right

ROCK BACK, RECOVER, STEP FORWARD, ½ TURN, LEFT CHASSE, ROCK BACK, RECOVER

17-20 Rock back on left, recover on right, step forward on left, ½ turn right on to right

21&22 Chasse left on left, right, left23-24 Rock back on right, recover on left

MONTEREY 1/2 TURN, RIGHT CHASSE, ROCK BACK, RECOVER

25-26 Touch right to side, on ball of left make ½ turn right

27-28 Touch left to left side, step left next to right

29&30 Chasse right on right, left, right 31-32 Rock back on left, recover on right

SHUFFLE FORWARD, STEP FORWARD, ½ TURN, SHUFFLE FORWARD, STEP FORWARD, ½ TURN

33&34 Shuffle forward on left, right, left

35-36 Step forward on right, ½ turn left on to left

37&38 Shuffle forward on right, left, right

39-40 Step forward on left, ½ turn right on to right

SKATE FORWARD TWICE, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ¾ TURN

41-42 Skate forward on left and right
43&44 Shuffle forward on left, right, left
45-46 Rock forward on right, recover on left

47&48 ³/₄ turn right on right, left, right

ROCK FORWARD, RECOVER, COASTER STEP, ROCK FW D, RECOVER, SHUFFLE 1/2 TURN

49-50 Rock forward on left, recover on right

51&52 Step back on left, step right next to left, step forward on left

Shuffle ½ turn right, recover on left turn right on right, left, right

TURN, TURN, SHUFFLE FORWARD, ROCKING CHAIR

57-58 ½ turn right stepping back on left, ½ turn right stepping forward on right

59&60 Shuffle forward on left, right, left

Rock forward on right, recover on left, rock back on right, recover on left

REPEAT

