Ain't No Way



Count: 32 Wall: 4 Level: Improver

Choreographer: Jan Brookfield (UK) - 2003

Music: Forever and for Always - Shania Twain



RIGHT, CLOSE, RIGHT CLOSE FORWARD, LEFT, CLOSE, LEFT CLOSE FORWARD

1-2-3&4 Step right to side, close left to right, step right to side, close left to right, step right forward Step left to side, close right to left, step left to side, close right to left, step left forward

STEP, ROCK, THREE QUARTER TURN SHUFFLE, STEP, ROCK BACK, COASTER STEP

9-10 Step forward on right, rock back onto left

11&12 Make a three quarter turn over right shoulder stepping right, left, right

13-14 Step forward on left, rock back onto right

15&16 Step back on left, step on right next to left, step forward on left (now facing 9:00)

SIDE, ROCK, CROSS, STEP, BEHIND & HEEL BALL CROSS, SIDE ROCK, QUARTER TURN LEFT

17&18 Rock right to side, rock weight onto left in place, step right across in front of left

19-20& Step left to side, step right behind left, take small step back on left

Tap right heel diagonally forward, step on ball of right in place, step left in front of right

Step right to side, rock forward onto left making a quarter turn to left (now facing 6:00)

RIGHT, LOCK, RIGHT, STEP HALF PIVOT, SIDE ROCK CROSS, QUARTER TURN, HALF TURN

25&26 Step right forward, lock left behind right, step right forward

27-28 Step left forward, pivot half turn over right shoulder (facing 12:00)

29&30 Step left to left side, rock onto right in place, step left across in front of right

31-32 Step back on right making a quarter turn left step forward on left making a half turn over left

shoulder (now facing 3:00)

REPEAT

Last Update - 26 Nov. 2024 - R1