American Idol



Count: 64 Wall: 4 Level: Improver hustle

Choreographer: Dan Testa (USA)

Music: Forever Your Girl - Paula Abdul



ATTITUDE BUMPS

1 With weight on left foot, drop right heel while bumping left hip

2-4 Repeat count 1 three times and transfer weight to right foot on the last one

5 Drop left heel while bumping right hip

6-8 Repeat count 5 three times

HIP BUMPS

9-10 Bump hips left twice11-12 Bump hips right twice

13-16 Bump hips left, right, left, right ending with weight on right foot

CROSS, KICK, SAILOR STEP, ROCK STEP, TURN SHUFFLE

17-18 Step left crossing in front, kick right to the forward right diagonal

19&20 Step right behind left, step left to side turning ½ left, step right next to left

21-22 Rock forward left, recover right 23&24 Left shuffle while turning ½ left

STEP PIVOT, RIGHT SHUFFLE, ROCK STEP, COASTER STEP

25-26 Step forward right, pivot ½ turn left ending with weight on left 27&28 Step forward right, step left next to right, step forward right

29-30 Rock forward left, recover right

31&32 Step back left, step right next to left, step forward left

PIVOT, CLAP, AND STEP, CLAP, AND ROCK, RECOVER, CROSS SHUFFLE

33-34 Turn ¼ right on both feet ending with weight on right, clap

&35-36 Step left next to right, step right to right, clap

&37-38 Step left next to right, rock right to side, recover left in place

39&40 Step right crossing in front, step left to side, step right crossing in front

STEP, CLAP, AND STEP, CLAP, AND ROCK, RECOVER, CROSS SHUFFLE

41-42 Step left to side, clap

&43-44 Step right next to left, step left to left, clap

&45-46 Step right next to left, rock left to side, recover right in place

47&48 Step left crossing in front, step right to side, step left crossing in front

STEP, PIVOT, RIGHT SHUFFLE, ROCK, STEP, TURN SHUFFLE

Step right to side, pivot ¼ left ending with weight on left Step forward right, step left next to right, step forward right

53-54 Rock forward left, recover right 55&56 Left shuffle while turning ½ left

CROSS, STEP, TRIPLE STEP, CROSS, STEP, TRIPLE STEP

57-58 Step right crossing in front, step back left

59&60 Step right next to left, step left in place, step right in place

Step left crossing in front, step back right

Step left next to right, step right in place, step left in place