

# Automatic High

Count: 64

Wall: 1

Level: Intermediate/Advanced

Choreographer: Wesley Cowie (UK)

Music: Automatic High - S Club Juniors



## **POINT, CROSS BEHIND, UNWIND ½ TURN, POINT, CROSS BEHIND, UNWIND ½ TURN**

- 1&2 Point right foot to right side, cross right foot behind left foot  
3&4 Unwind ½ turn right, clap  
5&6 Point left foot to left side, cross left foot behind right foot  
7&8 Unwind ½ turn left, clap

## **RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK, STEP TO RIGHT SIDE**

- 1&2 Step right foot to right side, close left foot beside right foot, step right foot to right side  
3&4 Rock back on left foot, recover weight onto right foot  
5&6 Step left foot to left side, close right foot beside left foot, step left foot to left side  
7&8 Rock back on right foot, recover weight on left foot, step right foot to right side

## **FRONT SAILOR ¼ TURN LEFT, ½ TRIPLE TURN RIGHT, ROCK, BACK DIAGONAL CHASSE**

- 1&2 Cross left foot over right, step right foot to right side, step left foot to left side with ¼ turn left  
3&4 Step forward right foot (1/6), step left foot (1/6), step right foot(1/6), making ½ turn right altogether  
5&6 Rock left foot across right foot, recover weight onto right foot  
7&8 Step left foot diagonally back left, close right foot beside left foot, step left foot diagonally back left

## **ROCK BACK, FORWARD DIAGONAL CHASSE, ROCK FORWARD, ¾ TRIPLE TURN LEFT**

- 1&2 Rock back right foot behind left foot, recover weight onto left foot  
3&4 Step right foot diagonally forward right, close left foot beside right foot, step right foot diagonally forward right  
5&6 Rock left foot across right foot, recover weight onto right foot  
7&8 Triple step ¾ turn left, stepping &- left, right, left

## **ROCK FORWARD RIGHT, BACK RIGHT SHUFFLE, ROCK BACK LEFT, FORWARD LEFT SHUFFLE**

- 1&2 Rock forward on right foot, recover weight onto left foot  
3&4 Step back right foot, close left foot beside right foot, step back right foot  
5&6 Rock back on left foot, recover weight onto right foot  
7&8 Step forward left foot, close right foot beside left foot, step forward left foot

## **PIVOT ¾ TURN LEFT, RIGHT CHASSE, CROSSING SHUFFLE, ¾ TURN LEFT**

- 1&2 Step forward right foot, pivot ¾ turn left  
3&4 Step right foot to right side, close left foot beside right, step right foot to right side  
5&6 Cross left foot over right foot, step right foot to right side, cross left foot over right  
7 Turn ¼ left on ball of left foot, stepping back right foot  
8 Turn ½ left on ball of right foot, stepping forward left

## **RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK FORWARD**

- 1&2 Step right foot to right side, close left foot beside right foot, step right foot to right side  
3&4 Rock back on left foot, recover weight onto right foot  
5&6 Step left foot to left side, close right foot beside left foot, step left foot to left side  
7&8 Rock forward on right foot, recover weight on left foot

## **RIGHT SHUFFLE ½ TURN, BACKWARD LEFT SHUFFLE ½ TURN, ROCK BACK, ROCK FORWARD**

1&2 Right shuffle ½ turn right traveling backwards, stepping &- right, left, right

3&4 Left shuffle ½ turn right traveling backwards, stepping &- left, right, left

**These shuffles are traveling towards back wall**

5-6 Rock back on right foot, recover weight onto left foot

7&8 Rock forward on right foot, recover weight onto left foot

**REPEAT**

**RESTART**

**On second repetition only, restart after section 6 (count 48)**

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