

# Arms Of Mary

Count: 64

Wall: 2

Level: Improver

Choreographer: Michael Vera-Lobos (AUS)

Music: Arms Of Mary - Keith Urban



## **SIDE STEP, DRAG BESIDE, BALL-SIDE, CROSS ROCK, ROCK BACK ¼ LEFT, ½ LEFT, ¼ LEFT**

- 1-2&3-4 Travel right -- step side right, drag left towards right & stepping onto left, step right to right side, cross/rock left over right
- 5-6-7-8 Rock back on right, travel left turn ¼ on left, turn a further ½ left stepping right turn a further ¼ left (12:00)

## **SIDE STEP, DRAG BESIDE, BALL-SIDE, CROSS ROCK, ROCK BACK ¼ LEFT, ½ LEFT, ½ LEFT**

- 1-2&3-4 Travel right -- step side right, drag left towards right & stepping onto left, step right to right side, cross/rock left over right
- 5-6-7-8 Rock back on right, travel left turn ¼ on left, turn a further ½ left stepping right turn a further ½ left (12:00)

## **ROCK FORWARD, ROCK BACK, SHUFFLE BACK, TOUCH TOE BACK, ½ PIVOT, ROCK BACK/FORWARD**

- 1-2-3&4 Rock forward right, rock back left, shuffle back on right stepping right-left-right (9:00)
- 5-6-7-8 Touch left toe back, reverse pivot ½ left (end weight right), rock back left, rock forward on right (3:00)

## **STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD, STEP FORWARD, HOLD, ½ PIVOT, ½ STEP**

- 1-2-3&4 Step forward left, pivot ½ right, shuffle forward left-right-left (9:00)
- 5-6-7-8 Step forward right, hold, ½ pivot left, turn a further ½ left ending with weight on right

## **ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD, STEP FORWARD, ¼ PIVOT LEFT, CROSS, STEP SIDE**

- 1-2-3&4 Rock back left, rock forward right, shuffle forward left-right-left (9:00)
- 5-6-7-8 Step forward right, ¼ pivot left (end weight left), cross/step right over left, step left to left

## **SAILOR ¾ RIGHT, FORWARD, ROCK BACK, ½ LEFT BACK, ½ LEFT, LEFT COASTER**

- 1&2-3-4 Turning ¾ sailor right stepping right-left-right, rock forward left, rock back on right (3:00)
- 5-6-7&8 Travel back--turning back turn ½ left stepping onto left, turn a further ½ left stepping onto right, step back left & step right beside left, step forward on left (coaster)

## **LUNGE FORWARD, REPLACE ½ SHUFFLE, STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD**

- 1-2-3&4 Lunge forward right, rock back on left, ½ shuffle right stepping right-left-right (9:00)
- 5-6-7&8 Step forward left, ½ pivot right, shuffle forward left stepping left-right-left (3:00)

## **ROCK FORWARD, REPLACE & ¼CROSS, SIDE DRAG, SAILOR ¼ LEFT, STEP FORWARD, ¾ PIVOT**

- 1-2&3-4 Rock forward right, rock back left & turning ¼ right step onto right, crossing left over right, take a large step right to right (6:00)
- 5&6-7-8 Sailor ¼ left stepping left-right-left, & drag right towards left, step forward right, pivot ¾ left (end weight left) (6:00)

## **REPEAT**

## **TO FINISH**

Dance to count 46 & do a coaster ¼ cross to the front