

# Bandalarrow

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Country Bound (USA)

Music: Who Needs You - Lisa Brokop



## STEP BACK, TOUCH BACK, STEP FORWARD, KICK CROSS, UNWIND, HIP HIP

1-4 Step back on right foot, touch left toes straight back, step forward on left foot, kick right foot forward (about 12 inches off floor)

5-8 Cross right foot in front of left foot placing ball of foot on floor, unwind  $\frac{1}{2}$  turn left (moving weight totally to right projecting hips right), bump hips to right twice while lifting left heel off the floor. The more exaggerated the bumps the better!

**(Option: while bumping hips to right bring right hand up by right shoulder make a fist and pull hand down-about 3"-once for each bump.)**

## GRAPEVINE WITH $\frac{1}{4}$ TURN, BRUSH, CROSS, STEP BACK, TAP, JUMP

9-12 Step left foot to left, cross right foot behind, step left foot  $\frac{1}{4}$  turn left, brush right foot forward  
**(Option: try a 3 count  $\frac{1}{4}$  turn as a variation on counts 9-11)**

13-15 Cross right foot in front of left foot (take weight), step back on left foot, tap right foot beside left foot,

&16 Jump forward landing on ball of right foot & then left foot (take weight on left foot)

## HEEL, STEP BACK, HEEL, STEP BACK, RIGHT KNEE TOWARDS LEFT KNEE, HOLD, LEFT KNEE TOWARDS RIGHT, RIGHT KNEE TOWARDS LEFT

17-18 Place right heel forward, step back on right (right toes about even with middle of left foot)

19-20 Place left heel forward, step back on left (left toes about even with middle of right foot)

21-22 Move right knee toward left knee (right heel lifts from floor), hold for 1 count,

23-24 Move left knee towards right knee (lift left heel), move right knee towards left knee (lift left heel)

## STEP RIGHT, SLIDE LEFT, STEP RIGHT, SLIDE LEFT. STEP RIGHT, HOLD, SLIDE RIGHT, HOLD

25-26 Step right foot to right side (small step), slide left foot to right (take weight)

27-28 Step right foot to right side (small step), slide left foot to right (take weight)

29-32 Step right foot to right side (larger step), hold, slide left foot to right (take weight), hold

**(Option: as you step to right you can extend hands to right side at waist level, on slide pull back to waist area.)**

**REPEAT**