

Band Of Gold

Count: 40

Wall: 4

Level: Intermediate

Choreographer: Maggie Gallagher (UK)

Music: Band Of Gold - The Dean Brothers



SIDE, BEHIND & KICK & CROSS, CHASSE LEFT, BACK-ROCK

- 1-2& Step right to side, step left behind right, step right to side
3&4 Low kick left to left diagonal, step left next to right, cross step right over left
5&6 Step left to side, step right together, step left to side
7-8 Rock back onto right, recover weight onto left

¼ TURN, ½ TURN, TRIPLE ½ TURN, FORWARD-ROCK, SAILOR ¼ RIGHT

- 1-2 Turn ¼ right and step onto right, turn ½ right and step back on left
3&4 Triple-step ½ turn right stepping right, left, right
5-6 Rock forward onto left, recover weight onto right
7&8 Step left behind right, step right to side with ¼ turn right, step left in place

BACK-ROCK, SLIDE, TOUCH, SIDE, TOUCH, BUMP, BUMP

- 1-2 Cross-rock right behind left, recover weight onto left (this should prepare you for the slide on 3, 4)
3-4 Large step right to side sliding left to meet right, touch left next to right
5-6 Step left to side, touch right next to left
7-8 Small step right to side bumping hips right, bump hips left

RIGHT, LEFT, CLAP, RIGHT SHUFFLE, FORWARD-ROCK, ½ TURN TRIPLE

- &1-2 Step forward on right, stomp forward on left, clap hands
3&4 Step forward on right, step left together, step forward on right
5-6 Rock forward on left, recover weight onto right
7&8 Triple step ½ turn left stepping left, right, left

RIGHT, LEFT, CLAP, RIGHT SHUFFLE, FORWARD-ROCK, ¼ TOUCH

- &1-2 Step forward on right, stomp forward on left, clap hands
3&4 Step forward on right, step left together, step forward on right
5-6 Rock forward on left, recover weight onto right
7-8 Step ¼ turn left on left, touch right together

REPEAT