

# Betty Do

Count: 40

Wall: 4

Level: Intermediate

Choreographer: Pauline Bradford

Music: Black Betty - Tom Jones



## KICK RIGHT, HALF TURN, KICK RIGHT, TWO HOPS, STEP

- 12 Kick right foot forward, on ball of left pivot ½ turn right, kick right foot forward  
3&4 Hop back on left twice, step down on right  
5-6 Kick left foot forward, on ball of right pivot ½ turn left, kick left foot forward  
7&8 Hop back on right twice, step down on left  
**3&4 and 7&8 can be replaced by coaster step**

## CROSS ROCK, BACK ROCK, CROSS ROCK, HALF TURN

- 1& (Facing diagonally left) cross rock right over left, recover on left  
2& Rock back on right, recover on left  
3& Cross rock right over left, recover on left  
4 Half turn right, stepping forward on right

## CROSS ROCK, BACK ROCK, CROSS ROCK, HALF TURN

- 1& (Facing diagonally right) cross rock left over right, recover on right  
2& Rock back on left, recover on right  
3& Cross rock left over right, recover on right  
4 Half turn left, stepping forward on left. (facing home wall)

## HEEL JACK, CROSS BACK, BACK LOCK STEPS

- 1&2 Cross right over left, step down on left, extend right heel  
&3&4 Step down on right, cross left over right, step down on right, extend left heel  
&5&6 Step down on left, cross right over left, step back diagonally left  
7&8 Cross right over left, step back diagonally left, cross right over left

## HEEL JACK, CROSS BACK, BACK LOCK STEPS

- 1&2 Cross left over right, step down on right, extend left heel  
&3&4 Step down on left, cross right over left, step down on left, extend right heel  
&5&6 Step down on right, cross left over right, step back diagonally right  
7&8 Cross left over right, step back diagonally right, cross left over right

## STEP HALF TURN, KICK, COASTER STEP, ¾ TURN, KICK, COASTER STEP

- 12 Step forward on right, on ball of right pivot ½ turn left, (kicking left forward)  
3&4 Step back left, right in place, step forward left  
5&6 Step ¼ turn right on right, on ball of right pivot ½ turn right, (kicking left forward)  
7&8 Step back left, right in place, step forward left

## REPEAT

## RESTART

On fourth repetition only dance first 16 steps (facing 9:00)

## TAG

### MASHED POTATOES, HEEL TAPS, JUMP, CROSS, UNWIND, CLAP

- 1&2 (Light) stomp right, flick right, touch right forward  
&3 Slightly sweep right behind left, step down on right  
&4 Slightly sweep left behind right, touch left behind right

5&6 (Lightly) stomp left, flick left, touch left forward  
&7 Slightly sweep left behind right, step down on left  
&8 Slightly sweep right, touch right next to left  
9-12 Step forward right, tap right heel (three beats) transfer weight onto right  
13-16 Step forward left, tap left heel (three beats) transfer weight onto left  
17-20 Jump out, jump crossing right over left, unwind ½ turn, clap twice  
21-24 Jump out, jump crossing right over left, unwind ½ turn, clap twice  
25-40 Repeat steps 1-16 then resume from beginning of dance

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