

# Better Than Before

Count: 48

Wall: 2

Level: Beginner waltz

Choreographer: Colleen Archer (AUS)

Music: Taller, Stronger, Better - Guy Sebastian



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## WALTZ FORWARD, SLOW ½ PIVOT

- 1-3 Waltz forward stepping right forward, left beside right, right beside left  
4-6 Step left forward, slowly turn ½ right taking weight onto right (2 counts) (6:00)

## WALTZ FORWARD, SLOW ½ PIVOT

- 7-9 Waltz forward stepping left forward, right beside left, left beside right  
10-12 Step right forward, slowly turn ½ left taking weight onto left (2 counts) (12:00)

## WALTZ TO SIDE, CROSS, SIDE, DRAG

- 13-15 Waltz to right side stepping right, left beside right, right beside left  
16-18 Step cross left over right, step right to right side, drag left to touch beside right (12:00)

## WALTZ TO SIDE, CROSS, SIDE, DRAG

- 19-21 Waltz to left side stepping left, right beside left, left beside right  
22-24 Step cross right over left, step left to left side, drag right to touch right beside left (12:00)

## WALTZ BACK, WALTZ FORWARD & TURN ½

- 25-27 Waltz back stepping right back, left beside right, right beside left  
28-30 Step left forward, turn ½ left and step right beside left, left beside right (6:00)

## WALTZ BACK, STEP FORWARD, POINT, HOLD

- 31-33 Waltz back stepping right back, step left beside right, step right beside left  
34-36 Step left forward, touch point right to right side, hold (6:00)

## SAILOR STEP, CROSS BEHIND, SIDE, CROSS FORWARD

- 37-39 Right sailor step (step right behind left, left to side, replace weight right)  
40-42 Step cross left behind right, step right to side, step cross left over right (6:00)

## LONG STEP, DRAG, HOLD, LONG STEP, DRAG, HOLD

- 43-45 Long step right to right side, drag left to touch beside right, hold  
46-48 Long step left to left side, drag right to touch beside left, hold (6:00)

## REPEAT

## FINISH

Touch right toe across in front of left, unwind slowly to front

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