

# Better Man

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Simon Ward (AUS)

Music: Better Man - Robbie Williams



- 1&2 Cross/rock left over right, rock/step back on right, step left slightly to left (swing right to right slightly)
- 3&4 Cross/over shuffle to left, right, left, right
- 5&6 Rock left to left, transfer weight onto right foot, cross/step left over right
- & Step right to right slightly and turn  $\frac{3}{4}$  left
- 7&8 Shuffle forward left, right, left (should be facing  $\frac{1}{4}$  turn right wall from starting wall)

## Travel if you can in the samba steps

- 1&2 Cross/step right over left, step left to left side, take weight onto right foot turning  $\frac{1}{4}$  turn right (samba step)
- 3&4 Cross/step left over right, step right to right side, take weight onto left foot turning  $\frac{1}{4}$  turn left (samba step)
- 5-6 Step right forward, pivot  $\frac{1}{2}$  turn left taking weight onto left foot
- &7&8 Step right forward, pivot  $\frac{1}{2}$  turn left taking weight onto left foot (repeat)

## Make these ball jacks soft

- 1&2 Cross/step right over left, step left to left side & slightly back, touch right heel at 45 degrees right (ball jack)
- & Step down on right foot
- 3&4 Cross/step left over right, step right to right side & slightly back, touch left heel at 45 degrees left (ball jack)
- & Step down on left where left heel is & face that diagonal turning 45 degrees left
- 5-6 Turn a further  $\frac{1}{2}$  turn left stepping right foot back after turn & slightly sway left out to left side, step left back & slightly sway right to right side (should now be facing opposite diagonal)
- 7&8 Step right back, step left beside right, step right forward (coaster step)
- & Step left forward turning  $\frac{1}{2}$  turn right

## Should now be facing original diagonal from ball jacks

- 1&2 Shuffle back right, left, right slightly raising left knee on count 2
- 3&4 Shuffle forward left, right, left turning  $\frac{1}{4}$  turn left to face other corner on count 4
- 5&6 Step right slightly back, step left beside right, step right slightly forward
- &7&8 Step left forward, pivot  $\frac{1}{2}$  turn right, step left forward, pivot  $\frac{1}{2}$  & 45 degrees turn right to start at new wall

**REPEAT**