

# Body Soul & Heart

**COPPERKNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Janet Jolliffe (USA)

**Music:** Body, Soul and Heart - Cherie



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- |     |   |
|-----|---|
| 1-2 | Rock forward on right, recover weight back to left                        |
| 3-4 | Step back on right, hook left over right with left toes touching floor    |
| 5   | Step forward on left  |
| 6&7 | Triple forward stepping right, left, right                                |
|     |   |
| 8-1 | Step forward on left, pivot ½ turn to the right                           |
| 2-3 | Step forward on left, touch right toes beside left                        |
| 4&5 | Triple forward right, left, right   |
| 6&7 | Triple forward left, right, left  |
|     |   |
| 8&1 | Mambo forward on right, recover weight to left, step back on left         |
| 2&3 | Mambo back on left, recover weight to right, point left toes to left side |
| 4-5 | Point left toes to front, touch left toes to left side                    |
| 6-7 | Step left beside right, kick right to front                               |
|     |   |
| 8&1 | Coaster step back right, left, forward on right                           |
| 2-3 | Step forward on left, pivot ½ turn to the right                           |
| 4-5 | Step forward on left, touch right beside left                             |
| 6-7 | Step forward on right, pivot ½ turn to the left                           |
| 8   | Kick right forward low on floor   |

**REPEAT**

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