

Blue Velvet

Count: 32

Wall: 4

Level: Improver

Choreographer: Val Hamby (UK)

Music: I Know a Heartache - Jo Dee Messina



KICK BALL CHANGE, ¼ TURNS

- 1&2 Kick right foot, weight on ball of right foot, weight back onto left foot
- 3&4 Kick right foot, weight on ball of right foot, weight back onto left foot
- 5-6 Step right foot forward, pivot ¼ turn left
- 7-8 Step right foot forward, pivot ¼ turn left

STEP/ROCK, SHUFFLE RIGHT, ½ TURN

- 9-10 Step right foot forward, rock back on left
- 11&12 Right shuffle turning ½ turn right, (right, left, right)

STEP/ROCK, SHUFFLE BACK

- 13-14 Step left foot forward, rock back on right
- 15&16 Shuffle back (left, right, left)

KICKS, SAILOR STEP

- 17-18 Kick right foot forward, kick right to right diagonal
- 19&20 Cross right foot behind left foot, step left to left side, step right in front of left

POINT/ACROSS, ½ UNWIND, HOLD

- 21-22 Point left toe to left side, step left foot across right
- 23-24 Point right toe to right side, step right foot across left
- 25-26 Point left toe to left side, step left foot across right
- 27-28 Unwind ½ turn to right, weight on left, hold for one count

ROCKS, ¼ TURN

- 29-30 Step right foot to right side rocking to right, rock side on left
- 31-32 Step forward on right, rocking to right, ¼ turn left, rocking onto left

REPEAT
