

# Blessed

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Jodee Shadinger (USA)

Music: Blessed - Martina McBride



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## **SWEEP RIGHT; COASTER STEP ¼ RIGHT; ROCK STEP; COASTER STEP; SCUFF**

- 1 Sweep right foot in front of body making a ½ circle left to right  
**Arms: lift arms above head so that wrists are crossed and bring down gently to either side**  
2&3 Step right foot back while turning ¼ right; step left together; step right foot forward  
4-5 Rock forward on left; rock back on right  
6&7-8 Step back on left; step right together; step forward on left; scuff right foot forward

## **STEP; SHUFFLE LEFT; ROCK STEP; SHUFFLE RIGHT WITH ½ TURN RIGHT; ½ TURN RIGHT BRINGING KNEE IN**

- 1-2&3 Step forward on right; step forward on left; step right next to left; step forward on left  
4-5 Rock forward on right; rock back on left  
6&7 Step forward on right turning ½ right; step left next to right; step forward on right  
8 Step on left foot while turning ½ right also pulling right heel in to left shin

## **ROCK SIDE; GRAPEVINE; CROSS LEFT; RIGHT STEP BACK ¼ TURN LEFT; LEFT STEP FORWARD ½ TURN LEFT; ROCK STEP ¼ TURN**

- 1-2 Rock right to right side; rock left to left side  
3&4 Cross right behind left; step left to left side; cross right in front of left  
5-6 Cross left in front of right (body facing right diagonal); step back on right with ¼ turn left  
7&8 Step forward on left with ½ turn left; rock on right with ¼ turn left; rock left to left side

## **CROSS RIGHT; LEFT STEP BACK ¼ TURN RIGHT; RIGHT STEP FORWARD ½ RIGHT; ROCK STEP ¼ TURN; CROSS LEFT; POINT; STEP BACK WITH ¼ TURN RIGHT; STEP FORWARD; BRUSH**

- 1-2 Cross right in front of left (body facing left diagonal); step back on left with ¼ turn right  
3&4 Step forward on right with ½ turn; rock on left with ¼ turn right; rock right to right side  
5-6 Cross left in front of right; point right to right side  
7&8 Step back on right with ¼ turn right; step forward on left; brush right toe forward gently while preparing to restart the dance

**REPEAT**

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