

Boogie Rhythm

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Lee Crooks (UK) & Glad Jackson (UK)

Music: Canned Heat - Jamiroquai



TOE TOUCH BACK WITH ½ TURN LEFT, RIGHT SHUFFLE FORWARD, STEPS TO THE SIDE, CHASSE TO LEFT SIDE

- 1-2 Touch left toe back, on balls of feet pivot ½ turn left
- 3&4 Step forward right, step left beside right, step forward right
- 5-6 Step left foot to left side, step right beside left
- 7&8 Step left to left side, step right beside left, step left to left side

CROSS ROCK RIGHT OVER LEFT, CHASSE TURNING TO THE RIGHT ¼ TURN, STEP PIVOT, SHUFFLE FORWARD LEFT

- 1-2 Cross rock right foot over left, step on to left in place
- 3&4 Step right to right side, step left beside right, step right foot ¼ turn right
- 5-6 Step left foot forward, pivot ½ turn right
- 7&8 (Weight on right) step forward left, step right beside left, step forward left

HEEL AND TOE SWITCHES, PIVOT ¼ TURN TO LEFT

- 1& Touch right heel forward, step right beside left
- 2& Touch left toe back, step left beside right
- 3& Touch right toe back, step right beside left
- 4& Touch left heel forward, step left beside right
- 5& Touch right heel forward, step right beside left
- 6& Touch left heel forward, step left beside right
- 7-8 Step forward on right foot, pivot ¼ turn left transferring weight on to left foot

MAMBO TO RIGHT, MAMBO TO LEFT, CROSS AND UNWIND, CLAP, SHUFFLE BACK

- 1&2 Rock right foot to right side, step left in place, cross right foot over left
- 3&4 Rock left foot to left side, step right in place, cross left foot over right
- 5-6 Unwind ½ turn right, clap hands together once
- 7&8 Step back right, step left beside right, step back right

REPEAT
