

# Bud Boogie

Count: 96

Wall: 1

Level: Intermediate

Choreographer: Pam Pike (UK)

Music: Bamboogie - Bamboo



## SWITCHING ROCKS

- 1-2& Step left foot forward, replace weight onto right foot, step left next to right
- 3-4 Step back on right foot, replace weight onto left foot
- 5-6& Step right foot forward, replace weight onto left foot, step right next to left
- 7-8 Step back on left foot, replace weight onto right foot
- 9-15 Repeat counts 1-7 once
- 16 Touch right next to left

## SIDE SHUFFLES WITH ROCK STEPS

- 17&18 Right side shuffle (step right foot to right side, step left next to right, step right to right side)
- 19-20 Step back on left foot behind right, replace weight onto right foot
- 21&22 Left side shuffle (step left foot to left side, step right next to left, step left to left side)
- 23-24 Step back on right foot behind left, replace weight onto left foot
- 25&26 Right side shuffle (step right foot to right side, step left next to right, step right to right side)
- 27&28 Step back on left foot behind right, replace weight onto left foot
- 29-30 Step left foot forward, pivot  $\frac{1}{4}$  turn right (weight on right foot)
- 31-32 Step left foot forward, pivot  $\frac{1}{2}$  turn right (weight on right foot)

## FORWARD SHUFFLES WITH WALK AND HALF TURN

- 33-34 Left shuffle forward (step left foot forward, step right next to left, step left foot forward)
- 35-36 Step right foot forward, step left foot forward
- 37&38 Right shuffle forward (step right foot forward, step left next to right, step right foot forward)
- 39-40 Step left foot forward, pivot  $\frac{1}{2}$  turn right (weight on right foot)
- 41-48 Repeat counts 33-40

## HEEL SWITCHES

- 49&50 Dig left heel forward, step left next to right, dig right heel forward
- &51-52 Step right next to left, dig left heel forward twice
- &53&54 Step left next to right, dig right heel forward, step right next to left, dig left heel forward
- &55-56 Step left next to right, dig right heel forward twice

## FORWARD SHUFFLES AND HALF TURNS

- 57&58 Right shuffle forward (step right foot forward, step left next to right, step right foot forward)
- 59-60 Step left foot forward, pivot  $\frac{1}{2}$  turn right (weight on right foot)
- 61&62 Left shuffle forward (step left foot forward, step right next to left, step left foot forward)
- 63-64 Step right foot forward, pivot  $\frac{1}{2}$  turn left (weight on left foot)

## KICK BALL QUARTER TURNS

- 65&66 Kick right foot forward, step ball of right foot next to left, step left next to right making  $\frac{1}{4}$  turn left
- 67&68 Kick right foot forward, step ball of right foot next to left, step left next to right making  $\frac{1}{4}$  turn left
- 69&70 Kick right foot forward, step ball of right foot next to left, step left next to right making  $\frac{1}{4}$  turn left
- 71-72 Kick right foot forward twice

## GRAPEVINES WITH QUARTER TURNS AND FORWARD SHUFFLES

- 73-74 Step right foot to right side, step left behind right  
75&76 ¼ turn right shuffle (step right foot to right side making ¼ turn right, step left next to right, step right foot forward)  
77-78 Step left foot forward, pivot ½ turn right (weight on right foot)  
79&80 Left shuffle forward (step left foot forward, step right next to left, step left foot forward)  
81-88 Repeat counts 73-80

### **KICK BALL QUARTER TURNS AND FORWARD SHUFFLE**

- 89&90 Kick right foot forward, step ball of right foot next to left, step left next to right making ¼ turn left  
91&92 Kick right foot forward, step ball of right foot next to left, step left next to right making ¼ turn left  
93-94 Kick right foot forward twice  
95&96 Right shuffle forward (step right foot forward, step left next to right, step right foot forward)

**REPEAT**

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