

# Breathe In Life

**COPPER KNOB**  
STEPSHEETS

Count: 32

Wall: 2

Level: Improver

Choreographer: Lisa Mason (UK)

Music: Breathe In - Lucie Silvas



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## GRAPEVINE RIGHT, KICK BALL CHANGE LEFT TWICE

- 1-4 Step right to right, step left behind right, step right to right, touch left beside right  
5&6 Traveling to left side, kick left forward, ball change left  
7&8 Repeat kick ball change

## ROCK TO LEFT RECOVER, CROSS SHUFFLE, TWO HEEL JACKS TURNING ¼ LEFT

- 9-10 Step left to left side, recover weight to right foot, in place  
11&12 Cross step left over right, step right beside left, cross step left over right  
&13 Beginning turn to left, step diagonally back on right, touch left heel diagonally forward  
&14 Step left into center, touch right beside left  
&15&16 Repeat heel jack, counts &13-&14 to complete ¼ turn to left

## ROCK FORWARD RECOVER, BACK SHUFFLE, ROCK BACK RECOVER FORWARD SHUFFLE

- 17-18 Rock forward onto right foot, recover weight to left in place  
19&20 Step back onto right, step left beside right, step back right  
21-22 Step back onto left, recover weight forward to right in place  
23&24 Step forward onto left, step right beside left, step forward left

## CROSS AND STEP, CROSS AND STEP, POINT, POINT BEHIND UNWIND

- 25&26 Cross step right over left, recover weight to left in place, step right to right side  
27&28 Repeat counts 25&26 above on left foot  
29-30 Point right toe forward and to right side  
31-32 Cross right behind left, no weight, unwind ¾ turn to right, keeping weight on left

**REPEAT**

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