

# Break The Chains

Count: 48

Wall: 4

Level: Beginner

Choreographer: Marilyn Morgan (USA)

Music: No Time for Tears - Jo Dee Messina



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## **RIGHT VINE, TOUCH LEFT, BALL-CHANGE LEFT, RIGHT, TOUCH LEFT, BALL-CHANGE LEFT, RIGHT, TOUCH LEFT**

- 1-4 Step right to right side, cross left behind right, step right to right side, touch left together
- &5-6 Ball-change left, right, touch left together
- &7-8 Ball-change left, right, touch left together

## **LEFT VINE, TOUCH RIGHT, BALL-CHANGE RIGHT, LEFT, TOUCH RIGHT, BALL-CHANGE RIGHT, LEFT, TOUCH RIGHT**

- 1-4 Step left to left side, cross right behind left, step left to left side, touch right together
- &5-6 Ball-change right, left, touch right together
- &7-8 Ball-change right, left, touch right together

## **BACK RIGHT, TOUCH LEFT, BACK LEFT, TOUCH RIGHT, BACK RIGHT, TOUCH LEFT, BACK LEFT, TOUCH RIGHT,**

- 1-2 At a slight diagonal, step back right, touch left together
- 3-4 At a slight diagonal, step back left, touch right together
- 5-6 At a slight diagonal, step back right, touch left together
- 7-8 At a slight diagonal, step back left, touch right together

## **STEP RIGHT, SLIDE LEFT, STEP RIGHT, SCUFF LEFT, STEP LEFT, SLIDE RIGHT, STEP LEFT, SCUFF RIGHT**

- 1-2 Step forward right, slide left to meet
- 3-4 Step forward right, scuff left
- 5-6 Step forward left, slide right to meet
- 7-8 Step forward left, scuff right

## **RIGHT JAZZ BOX, RIGHT JAZZ BOX WITH ¼ TURN RIGHT**

- 1-4 Cross right over left, step back on left, step right to right side, step left together
- 5-8 Cross right over left, step back on left, turn ¼ right and step right, step left together

## **TOUCH RIGHT TO SIDE, STEP RIGHT TOGETHER, TOUCH LEFT TO SIDE, TOUCH LEFT BESIDE RIGHT, TOUCH LEFT TO SIDE, STEP LEFT TOGETHER, TOUCH RIGHT TO SIDE, TOUCH RIGHT BESIDE LEFT**

- 1-2 Touch right to right side, step right together
- 3-4 Touch left to left side, touch left beside right
- 5-6 Touch left to left side, step left together
- 7-8 Touch right to right side, touch right together

## **REPEAT**

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