

# The Brakeman Shuffle

Count: 64

Wall: 4

Level: Beginner

Choreographer: Lyn Cochrane (AUS)

Music: Any Old Time - Alison Krauss & Union Station



- 1-2 Step backward right-left  
3&4 Shuffle to the right side right-left-right  
5-6 Step backward left-right  
7&8 Shuffle to the left side left-right-left
- 9-10 Step forward right-left  
11&12 Shuffle to the right side right-left-right  
13-14 Step forward left-right  
15&16 Shuffle to the left side left-right-left
- These 16 counts are intended to travel**
- 17-18 Rock/step right foot backward, rock forward onto left foot  
19&20 Shuffle to the right side right-left-right  
21-22 Rock/step left foot forward, rock backward onto right foot  
23&24 Shuffle to the left side left-right-left, making  $\frac{1}{4}$  turn left on count 24
- 25-26 Step right foot forward, make  $\frac{1}{2}$  pivot turn left stepping weight forward onto left foot  
27-28 Step right foot forward, brush left foot forward  
29-30 Step left foot forward, make  $\frac{1}{2}$  pivot turn right stepping weight forward onto right foot  
31-32 Step left foot forward, brush right foot forward
- 33&34 Shuffle to the right side right-left-right  
35 Step left foot beside right foot  
36 Brush right foot forward and across in front to left  
&37 Swing right foot around to step to right side step left beside right  
38 Brush right foot forward and across in front of left  
&39 Swing right foot around to step to right side push/bump hips to right  
&40 Push/bump hips center, right
- 41&42 Shuffle to the left side left-right-left  
43-44 Step right foot beside left, brush left foot forward and across in front of right  
&45 Swing left foot around to step to left side step right foot beside left  
46 Brush left foot forward and across in front of right  
&47 Swing left foot around to step to left side push/bump hips to left  
&48 Push/bump hips center, left
- 49-50 Rock/step right foot forward, rock backward onto left foot  
51&52 Shuffle to the right side right-left-right  
53-54 Rock/step left foot backward, rock forward onto right foot  
55&56 Shuffle to the left side left-right-left
- 57-58 Step right foot forward, make  $\frac{1}{4}$  pivot turn left transferring weight to left foot  
59-60 Repeat previous pivot turn count 57-58  
61-62 Step right foot forward, make  $\frac{1}{2}$  pivot turn left stepping weight forward onto left foot  
63-64 Step right foot beside left, step left foot in place

**REPEAT**

There is a slow string introduction to the suggested song. Wait for the tempo to pick up and start the dance as Allison sings "Any Old Time"

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