

Carolina Stomp 'n' Kick

COPPER KNOB
STEPSHEETS

Count: 80

Wall: 1

Level: Intermediate line/contra dance

Choreographer: Jerry Cope (USA)

Music: Lost and Found - Brooks & Dunn



STEP FORWARD, STOMPS, STEP BACK, TOUCH BACK

- 1-4 Step left foot forward, stomp right heel beside left foot, step right foot back, touch left toe back
5-9 Same as 1-4 except stomp right heel twice
10-15 Same as 1-4 except stomp right heel three times

STEP FORWARD, KICK(S), STEP BACK, COASTER STEPS

- 16-19 Step left foot forward, kick right foot forward, step back on right foot, step left foot beside right foot, step forward on right foot
20-24 Same as 16-19 except kick right foot forward twice
25-30 Same as 16-19 except kick right foot forward three times

SHUFFLE FORWARD BETWEEN RANKS, CROSS, UNWIND, CROSS, STEP BACK

- 31&32 Shuffle forward left, right, left
33&34 Shuffle forward right, left, right (clapping hands with right and left dancers as you pass)
35&36 Shuffle forward left, right, left
37-38 Cross right foot in front of left foot, unwind ½ turn
39-40 Cross right foot in front of left foot, step left foot back

Dancers will have exchanged facing directions. The next 40 counts will be exactly the same steps as the first 40 except that all footwork will be opposite and dancers will be in the original starting facing positions after step 80

STEP FORWARD, STOMPS, STEP BACK, TOUCH BACK

- 41-44 Step right foot forward, stomp left heel beside right foot, step left foot back, touch right toe back
45-49 Same as 41-44 except stomp left heel twice
50-55 Same as 41-44 except stomp left heel three times

STEP FORWARD, KICK(S), STEP BACK, COASTER STEPS

- 56-59 Step right foot forward, kick left foot forward, step back on left foot, step right foot beside left foot, step forward on left foot
60-64 Same as 56-59 except kick left foot forward twice
65-70 Same as 56-59 except kick left foot forward three times

SHUFFLE FORWARD BETWEEN RANKS, CROSS, UNWIND, CROSS, STEP BACK

- 71&72 Shuffle forward right, left, right
73&74 Shuffle forward left, right, left (clapping hands with left and right dancers as you pass)
75&76 Shuffle forward right, left, right
77-78 Cross left foot in front of right foot, unwind ½ turn
79-80 Cross left foot in front of right foot, step right foot back

Dancers are now in original facing positions

REPEAT