

# The Carnforth Swing

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Derek Robinson (UK)

Music: I Slipped and Fell In Love - Alan Jackson



## RIGHT HEEL BALL CROSS, SIDE ROCK, CROSS SHUFFLE LEFT, ½ TURN RIGHT

- 1&2 Touch right heel forward, step right slightly back, cross left over right  
3-4 Rock to right side on right, rock onto left in place  
5&6 Cross right over left, step left to left side, cross right over left  
7-8 Turn ½ right, stepping left, right

## LEFT HEEL BALL CROSS, SIDE ROCK, CROSS SHUFFLE RIGHT, ¼ TURN LEFT

- 9&10 Touch left heel forward, step left slightly back, cross right over left  
11-12 Rock to left side on left, rock onto right in place  
13&14 Cross left over right, step right to right side, cross left over right  
15-16 Turn ¼ turn left, stepping right, left

## ROCK FORWARD RIGHT, ROCK FORWARD LEFT, STEP FORWARD RIGHT LEFT, PIVOT TURN

- 17-18 Rock forward on right, rock back on left  
& Step right beside left  
19-20 Rock forward on left, rock back on right  
& Step left beside right  
21-22 Step forward right, step forward left  
23-24 Step forward right, pivot ½ turn left

## STOMP FORWARD RIGHT & LEFT WITH HOLDS, MODIFIED VAUDEVILLE STEPS LEFT & RIGHT

- 25-26 Stomp forward right, hold  
27-28 Stomp forward left, hold  
&29 Step diagonally back right on right, touch left heel diagonally forward left  
&30 Step left beside right, step right in place  
&31 Step diagonally back left on left, touch right heel diagonally forward right  
&32 Step right beside left, step left in place

### Alternative steps for counts &29-32 (after stomp forward left, hold)

- 29-30 Touch right heel forward, step right beside left  
31-32 Touch left heel forward, step left beside right

**REPEAT**