

# Caribbean Cadence

**COPPERKNOB**  
STEPSHEETS

Count: 40

Wall: 1

Level: Intermediate

Choreographer: Karen Paakkari

Music: Whose Bed Have Your Boots Been Under? - Shania Twain



## HEEL TAPS (KEEPING FEET SLIGHTLY APART AND TOE ON THE FLOOR...)

- 1-4 Tap right heel four times & switch feet putting weight on right foot  
5-8 Tap left heel four times

## HEEL SWIVELS

- 9-11 With weight on toes of both feet... Swivel heels left, right, left  
12 Clap hands

## HIP BUMPS

- 13-14 Bump hips twice to the right  
15-16 Bump hips twice to the left

## HIP ROLLS

- 17-20 Roll hips to right, left, right, left

## SHUFFLE TURN

- 21 Step right foot out to right (angled  $\frac{1}{4}$  turn to right)  
& Step left next to right  
22 Step right foot forward

## HALF TURN

- 23-24 Step forward on left; pivot  $\frac{1}{2}$  turn to right

## SHUFFLE FORWARD

- 25&26 Shuffle forward on left, right, left

## HALF TURN

- 27-28 Step forward on right; pivot  $\frac{1}{2}$  turn to left

## SHUFFLE FORWARD

- 29&30 Shuffle forward on right, left, right

## STEP, ROCK

- 31-32 Step forward on left; rock back on right

## SHUFFLE TURN

- 33 Step left foot out to left side (angled at  $\frac{1}{4}$  turn to left)  
& Step right next to left  
34 Step forward on left

## HALF TURNS

- 35-36 Step forward on right; pivot  $\frac{1}{2}$  turn to left  
37-38 Step forward on right; pivot  $\frac{1}{2}$  turn to left  
39 Stomp right foot next to left  
40 Clap hands

## REPEAT

For teaching and practice, try "Hot, Hot, Hot" by Buster Poindexter (the song it was originally choreographed for) and "Old Time Rock N Roll" by Bob Seger

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