CCC Shuffle (Triple C Shuffle) (P)



Count: 32 Wall: 0 Level: Partner

Choreographer: Connie Davignon (USA)

Music: Here In the Real World - Alan Jackson

Position: Side By Side (Sweetheart) Position

PROGRESSIVE VINE LEFT, PROGRESSIVE VINE RIGHT

1-2 Step forward left, cross behind with right

3-4 Step forward left, scuff right

5-6 Step forward right, cross behind with left

7-8 Step forward right, scuff left

4 FORWARD POLKAS

| 9&10 | Shuffle forward left, right, left |
|-------|------------------------------------|
| 11&12 | Shuffle forward right, left, right |
| 13&14 | Shuffle forward left, right, left |
| 15&16 | Shuffle forward right, left, right |

LEFT HEEL, CROSS, HEEL, STOMP, RIGHT HEEL, CROSS, HEEL STOMP

| 17-18 | Touch left heel f | forward bring lef | t heel to fron | t of right leg |
|-------|-------------------|-------------------|----------------|----------------|
| | | | | |

19-20 Touch left heel forward, stomp left next to right

21-22 Touch right heel forward, bring right heel to front of left leg

23-24 Touch right heel forward, stomp right next to left

ROCK FORWARD, ROCK BACK STEP FORWARD, BRUSH

25-26 Rock forward on left, rock back on right 27-28 Step forward on left, brush right scuff

ROCK FORWARD, ROCK BASIC, STEP FORWARD, BRUSH

29-30 Rock forward on right, rock back on left 31-32 Step forward on right, brush left scuff

REPEAT

VARIATIONS:

Twirl lady forward on 2nd and 3rd polkas

Oi

Lady go round (lady is led around man with his left hand and spun into position on 4th polka)

Or

Half way round the world on lst and 2nd polkas; man spins lady full turn to left in front of him back into position on 3rd and 4th polkas