

# China Groove

**COPPER KNOB**  
BY STEPHEN BRETZ

Count: 32

Wall: 1

Level: Intermediate

Choreographer: Henry Costa (USA)

Music: You Are Mine - Leon Lai



Contact the choreographer for info on buying the CD

## **FORWARD (2 RIGHT HEEL TAPS), FORWARD (2 LEFT HEEL TAPS), FORWARD, LIFT KNEE, STEP DOWN BOW, EXTEND RIGHT TOUCH BACK**

- 1-2 Step slightly forward right - right heel tap, right heel tap (2 heel taps in place) (weights ends on right)
- 3-4 Step slightly forward left - left heel tap, left heel tap (2 heel taps in place) (weight ends on left)
- 5-6 Forward right, knee left up (hitch) - hands together in pray position
- 7-8 Step down left with bow - hands still together, extend right toe touch back (back in straight position)

## **FORWARD RIGHT, ½ PIVOT LEFT, RIGHT KICK BALL CHANGE, STEP SIDE RIGHT WITH LEFT HAMSTRING CURL, STEP SIDE LEFT WITH RIGHT HAMSTRING CURL**

- 1-2 Forward right, ½ pivot left (transfers weight to left)
- 3&4 Right kick forward, step down on ball of right, weight change to left (right kick ball change)
- 5-6 Step side right, lift lower half of left leg below knee towards glute (hamstring curl) - (lift the heel behind you towards your glute. Don't let the knee come forward as you do this.)
- 7-8 Step side left, lift lower half of right leg below the knee towards glute (hamstring curl) - (lift the heel behind you towards your glute. Don't let the knee come forward as you do this.)

## **STEP SIDE RIGHT, LEFT TOUCH, STEP SIDE LEFT, RIGHT TOUCH, RIGHT KNEE LIFT, STEP DOWN RIGHT, LEFT KNEE LIFT, STEP DOWN LEFT**

- 1-2 Step side right, toe touch left next to right
- 3-4 Step side left, toe touch right next to left
- 5-6 Right knee lift up (hitched), step right down (weight on right)
- 7-8 Left knee lift up (hitched), step left down (weight on left)

## **RIGHT KICK FORWARD, STEP DOWN RIGHT, LEFT KICK FORWARD, STEP DOWN LEFT, CROSS RIGHT IN FRONT OF LEFT, UNWIND ½ LEFT TURN WITH HEEL BOUNCE**

- 1-2 Kick right out forward, step down right (weight on right)
- 3-4 Kick left out forward, step down left (weight on left)
- 5-6 Cross right in front of left, start to unwind to left for ½ turn (bounce and turn with weight on balls of feet, bounce heels off floor 1 time)
- 7-8 Continue to unwind to left for ½ turn, finish unwind now facing wall that you started the dance (heel down - weight on left, right touch next to left - heel up)

Counts 6-8 bounce heels and turn, weight on balls of feet, bounce heels off floor 3 times gradually unwinding (turning ½ left) finish with weight on left foot

**REPEAT**