

# Cool Me Down

**COPPER** **KNOB**  
BY STEPHEN

Count: 40

Wall: 2

Level: Improver

Choreographer: Mark Cook (UK)

Music: Cool Me Down - Jenai



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## **SIDE ROCK CROSS, WEAVE RIGHT, CROSS, SIDE ROCK CROSS, ½ TURN, CROSS**

- 1&2 Rock left to left side, recover weight to right, cross left over right  
3&4& Step right to right side, step left behind right, step right to right side, cross left over right  
5&6 Rock right to right side, recover weight to left, cross right over left  
7&8 Step left to left side, turn ½ over right shoulder stepping on to right, cross left over right, (facing 6:00)

## **SIDE ROCK CROSS, ¾ TURN RIGHT, FULL TURN PIVOT, SHUFFLE BACK**

- 9&10 Rock right to right side, recover weight to left, cross right over left  
11&12 Step left to left side, turn ¾ over right stepping on to right, step forward on left, (facing 3:00)  
13&14 Step forward on right, ½ pivot over left shoulder, make ½ turn over left shoulder as you step back on right, (facing 3:00)  
15&16 Shuffle back, left, right, left

## **COASTER BACK, SHUFFLE FORWARD, ¾ PIVOT, SAILOR**

- 17&18 Step back on right, step left next to right, step forward on right  
19&20 Shuffle forward, left, right, left  
21&22 Step forward on right, pivot ¾ turn over left shoulder, step right to right side, (facing 6:00)  
23&24 Cross left behind right, step right to right side, step left to left side

## **HIP BUMPS TWICE, ROCK ¼ TURN LEFT, HIP BUMPS TWICE, ROCK ¼ TURN LEFT**

- 25&26 Step forward on right as you bump hips forward, bump hips back, bump hips forward  
27&28 Rock forward on left, recover weight to right, make ¼ turn to left as you step on left, (facing 3:00)  
29&30 Step forward on right as you bump hips forward, bump hips back, bump hips forward  
31&32 Rock forward on left, recover weight on right, make ¼ turn to left as you step on left, (facing 12:00)

## **ROCK ½ TURN, FULL TURN PIVOT, COASTER, SKATE LEFT, SKATE RIGHT**

- 33&34 Rock forward on right, recover weight to left, ½ turn over right stepping on to right, (facing 6:00)  
35&36 Step forward on left pivot ½ turn over right shoulder, make ½ turn over right stepping back on left, (facing 6:00)  
37&38 Step back on right, step left next to right, step right forward  
39-40 Skate forward on left, skate forward on right

**REPEAT**

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