

# Contra Waltz

Count: 24

Wall: 2

Level: Ultra Beginner waltz

Choreographer: Irene Groundwater (CAN)

Music: Walkin' All Over My Heart - Travis Tritt



**Position: Dancers form 2 lines offset facing each other**

## **FORWARD, FORWARD, FORWARD, FORWARD, FORWARD, FORWARD**

1-2-3 Left forward, right forward, left forward

4-5-6 Right forward, left forward, right forward

**On forward walks dancers will go between 2 people facing them in opposite line. Option: clap the opposite persons hands as you go between the line**

## **¼ TURN LEFT, SIDE, TOGETHER, ¼ TURN LEFT, SIDE, TOGETHER (½ TURNING BOX STEP)**

1 Left forward making ¼ turn left on step

2-3 Side step right, step left beside right

4 Right back making ¼ turn left on step

5-6 Large side step left, step right beside left

**Dancers should now be facing people in the opposite line - head on**

## **FORWARD, TOGETHER, TOGETHER, BACK, TOGETHER, TOGETHER**

1-2-3 Left forward, step right beside left, step left beside right

4-5-6 Right back, step left beside right, step right beside left

**Option: dancers can clap hands with opposite line dancers on counts 2-3**

## **SIDE, DRAG, TOUCH, SIDE, DRAG, TOUCH**

1 Small side step left

2-3 Drag right towards left, touch right ball beside left instep

4 Large side step right

5-6 Drag left towards right, touch left ball beside right instep

**This should bring you back to your original position to start the dance over again. Option: on count 3, clap hands to the left shoulder high. Option: on count 6, clap hands to the right shoulder high**

**REPEAT**