# Contagious



Count: 64 Wall: 4 Level: Intermediate/Advanced

Choreographer: Tina Argyle (UK)

Music: Smells Like Teen Spirit - Paul Anka



#### MONTEREY ½ TURN, TOUCH, LEFT MONTEREY ¾ TURN, TOUCH FORWARD

1-2	Point right to right side,	1/2 turn right s	tennina rial	nt at side of left
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3-4 Point left to left side, touch left at side of right

5-6 Point left to left side, <sup>3</sup>/<sub>4</sub> turn left stepping left at side of right

7-8 Point right to right side, tap right toe forward

### BALL CHANGE, BRUSH, BRUSH, TAP ACROSS, RIGHT SHUFFLE FORWARD, STEP 3/4 PIVOT TURN,

**STEP** 

&9-10 Step right at side of left, step forward, left, brush right foot forward
11-12 Brush right across left, tap right toe across left, (on out side of left foot,)

13&14 Step forward, right, close left at side of right, step forward, right

15 Step forward, left

16& ¾ pivot turn right onto right, step left at side of right, (\* re-start here 3rd wall)

#### STEP FORWARD, RIGHT, BRUSH, BRUSH, TAP ACROSS, LEFT SHUFFLE FORWARD, STEP ¾ TURN

17-18 Step forward, right, brush left foot forward

19-20 Brush left across right, tap left toe across right, (on outside of right foot)

21&22 Step forward, left, close right at side of left, step forward, left

23-24 Step forward, right, <sup>3</sup>/<sub>4</sub> pivot turn left onto left

### BALL CROSS, SIDE, BEHIND, SIDE ROCK RIGHT, RECOVER, BEHIND, BALL CROSS, LONG STEP

**LEFT** 

&25-26 Step right to right side, cross left over right, step right to right side

27-28 Cross left behind right, rock right to right side 29-30 Recover weight onto left, cross right behind left

&31-32 Step left to left side, cross right over left, take long left step to left side

Restart here 5th wall

## RIGHT ROCK BACK, RECOVER, SIDE STEP, LEFT ROCK BACK, RECOVER, SIDE STEP, BEHIND, 1/4 TURN LEFT

33-34	Rock right behind left, recover weight onto left
35-36	Step right to right side, rock left behind right
37-38	Recover weight onto right, step left to left side

39-40 Cross right behind left, make ¼ turn left stepping forward, left

#### ROCK FORWARD, RECOVER, 1 1/2 TURN RIGHT, STEP FORWARD LEFT, LUNGE TO RIGHT DIAGONAL

41-42	Rock forward	l onto right, recover	weight onto left

43-44 ½ turn right stepping forward onto right, ½ turn right stepping back left

45-46 ½ turn right stepping forward, right, step forward, left 47-48 Lunge right to right diagonal, recover weight onto left

#### ROCK BACK, RECOVER, DIAGONAL LUNGE, BEHIND, 1/4 TURN LEFT, 3/4 UNWIND LEFT

49-50	Rock back right, recover weight onto left
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51-52	Lunge right to right diagonal, recover weight onto left
53-54	Cross right behind left, ¼ turn left stepping forward, left

55-56 Cross right over left, ¾ unwind turning left finishing with weight on left

#### SIDE, BEHIND, ¼ TURN RIGHT, ¾ UNWIND RIGHT, SIDE, BEHIND ¼ TURN LEFT

57-58	Step right to	right side,	cross left	behind right

59-60 ¼ turn right stepping forward, right, cross left over right

61-62 <sup>3</sup>/<sub>4</sub> unwind turning right finishing with weight on right, step left to left side 63-64 Cross right behind left, make ½ turn left stepping forward, onto left

#### **REPEAT**

#### **RESTART**

On wall 3, dance (16&) then start from the beginning of dance On wall 5, dance (&31) then step forward left instead of long step to left side. Start from beginning of dance