

# Cowboy Macarena

**COPPER KNOB**  
STEPPERS

**Count:** 16

**Wall:** 4

**Level:** Beginner

**Choreographer:** George De Virgilio (USA)

**Music:** Macarena - The GrooveGrass Boyz



- 1 Hips left; left hand extended forward like holding reins of horse, right hand twirling rope overhead like throwing a lasso
  - 2 Hips right; hands same as #1
  - 3 Hips left; hands same as #1
  - 4 Hips right; hands same as #1 except right hand throws rope
  - 5 Hips left; bring right hand down to right hip (holster)
  - 6 Hips right; bring left hand down to left hip (holster)
  - 7 Hips left; right hand pulls gun, points forward & shoots (shape hand like gun)
  - 8 Hips right; left hand pulls gun, points forward & shoots (shape hands like gun)
  
  - 9 Hips left; right hand brings gun to mouth and blows smoke
  - 10 Hips right; left hand bring gun to mouth and blows smoke
  - 11 Hips left; replace right gun in holster (right hip)
  - 12 Hips right; replace left gun in holster (left hip)
- Keep hands at hips (guns in holsters)**
- 13 Roll hips left
  - 14 Roll hips right
  - 15 Roll hips left
  - 16 Jump & turn ¼ turn left while rolling hips right

**REPEAT**

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