

# Cowboy Hero

Count: 45

Wall: 4

Level: Beginner waltz

Choreographer: Bob Ogier (AUS)

Music: My Heroes Have Always Been Cowboys - Willie Nelson



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## CROSS ½ TURN, RIGHT TWINKLE--REPEAT

- 1-3 Cross right over left, turn ½ right stepping back on left, right together  
4-6 Left over right, right back, left together  
7-12 Repeat

## FORWARD, SIDE, RECOVER, CROSS, SIDE, RECOVER

- 13-15 Step right forward, step left to side, recover onto right  
16-18 Cross left over right, step right to side, recover onto left

## CROSS TURN ¼ BACK COASTER

- 19-21 Cross right over left, step back onto left turning ¼ right, step right together  
22-24 Step back on left, step back right together, step forward on left

## ½ TURN RONDE, BACK COASTER

- 25-27 Sweep right over left turning ½ left for count of 3  
28-30 Step back on right, step back left together, step forward on left

## ½ TURN RONDE, BACK COASTER

- 31-33 Sweep left over right turning ½ right for count of 3 (change weight to left)  
34-36 Step back on right, step back left together step forward on right

## TWINKLE RIGHT, TWINKLE LEFT

- 37-39 Step left over right, step right to side, step left together  
40-42 Step right over left, step left to side, step right together

## CROSS, SIDE, RECOVER

- 43-45 Step left over right, step right to side, recover onto left

## REPEAT

## ENDING

After 7 full sequences you will be facing the 3rd wall. Do first 12 beats then sweep right over left turning to front for count of 3.

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